

**HARVEY ON THE ENLARGED
TONSIL &
DISEASES OF THE THROAT.**

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ON EXCISION
OF
THE ENLARGED TONSIL.

“ There is more real merit in removing the necessity for the practice of any one severe operation already familiarly adapted, than in the performance of a hundred new ones.”

COOPER'S *First Lines of Surgery*.

ON EXCISION
OF
THE ENLARGED TONSIL
And its Consequences
IN CASES OF DEAFNESS.

WITH
REMARKS ON DISEASES OF THE THROAT.

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PREFACE.

THE objects which influenced the Author in sending forth this book to the public are soon told. Having the charge of an institution wherein ample opportunities offered of investigating diseases of the ear on a large scale, he determined on testing the utility of excision of the tonsil and uvula in relieving deafness. In the winter of 1848, he had the honour of reading a paper before the Medical Society of London on that subject; he then stated that he had performed excision with the view now mentioned, in fifteen cases, on individuals of all ages, before and after puberty, and that the result had proved very unsatisfactory. He further sought the personal experience of the members on the subject, rather than the recorded opinions of authors. Since that period, however, farther ex-

perience has been attained by him. He reviewed the entire subject, and reconsidered the results of excision of the tonsils upon the constitution. He has collected and arranged one hundred and sixteen cases of persons in whom it has been performed with the like intention. Many of these cases have been sent him by friends on whose judgment he could rely. The results of his experience derived from various sources are communicated in this brochure. He has endeavoured to show that the operation exercises no beneficial influence whatever over such imperfections of hearing, and pointed out the misery oftentimes resulting from it. He has also shown how such misery may be avoided by adopting the more comprehensive line of treatment herein set forth. In dealing with the subject, it has been necessary to differ entirely with some valued friends, who still abet and practise excision of the tonsils for the relief of deafness. That occasions may arise when operations may be called for in order to afford relief for the distress occasioned by enlarged tonsils, he does not mean to deny; but that deafness could be one of those occasions—at least, as long as the anatomical relations of the tonsil and the aperture of

the Eustachian tube continue the same as they now are, he can by no means admit.

It would afford him satisfaction to know that his time has not been unprofitably employed, and that he has thrown some light upon these important subjects—important, from the frequency with which cases of enlarged tonsils are presented to the surgeon, and particularly in young subjects; their influence on the economy, and their erroneously supposed connexion with that distressing malady, defective speech. The plan of treatment recommended here, he believes, offers more chance of discussing these chronic enlargements than any other, and he is not aware of its having been recommended before. It has been most successful in his own practice, so far as his experience has enabled him to judge, and he would not have recommended it, had he not been convinced of its beneficial results.

It is gratifying to the Author to witness the rapid discoveries now being made in the treatment of diseases of the ear, generally. The remarks made in our periodical medical literature of the day can no longer point to such diseases as being an opprobrium to medicine; “for,” says Mr. Wilde, “the progress

which this branch of medicine is making is in all probability as rapid as that of any other department of the healing art."

"It has been truly stated, when discoursing on the ear, that whoever has witnessed, and attentively observed, the distressing effect arising from a loss or diminution of its sensibility, will readily acknowledge that such deprivation throws us at a distance from our fellow-creatures, and, in the present state of society, renders us more solitary beings than the loss of sight itself; though the rapid glance of the eye, the immense distance to which it enables us to carry our perceptions, and the extended circle it embraces, have given rise to some of our most pleasurable and magnificent sensations, though it has brought us acquainted with objects which seemed ever placed far beyond our reach, still the more humble sense which we are now considering, the more confined dominion of the ear, has contributed most effectually to the every happiness of life. It enables us to hold communion with our fellow-creatures, to improve and exalt our understandings by the mutual interchange of ideas, and thus to increase the circle, not only of our physical, but of

our moral relations; the charms of eloquence, the pleasure resulting from the concord of sweet sounds, inexplicable, perhaps, as it remains, are other sources of intellectual enjoyment, which contribute to place this sense among the most delightful as well as the most important we possess. Whatever, therefore, by explaining its structure, or examining its functions, can lead us to improve its natural, or restore its disordered sensibility, cannot be a subject of trivial moment."—*Rees' Cyclopædia*.

2, *Soho Square*, June, 1850.

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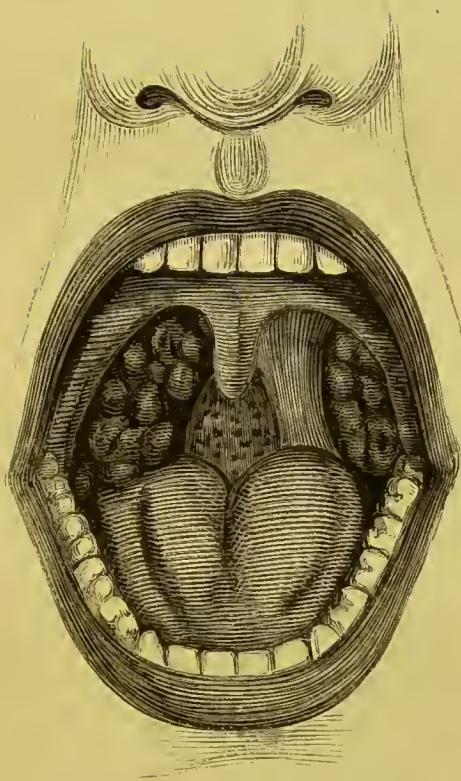
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The above engraving points out the enlarged tonsil, almost closing the pharyngeal opening; it existed for nearly twenty years without affecting audition in the least, or causing any inconvenience, either in speaking or singing.



This engraving shows the enlarged tonsil, which has been removed on one side. It also exhibits how, as the tonsil enlarges, the muscles of the pharynx also increase in size. It has frequently occurred to the author to witness the atrophied appearance of these same muscles after excision, which in a measure accounts for the diminished power of voice, as well as for the difficulty of deglutition. The contour of the pharynx is changed, and presents, in many instances, a vaulted appearance.

ON

EXCISION OF THE ENLARGED TONSIL,

WITH ESPECIAL REFERENCE TO THE

REMOVAL OR ALLEVIATION OF DEAFNESS,

ETC.

THE glandular bodies called tonsils, or amygdalæ, are organs so situated as to render them familiarly known, not merely to the profession, but also to the public generally. Their position and aspect in a healthy and in a diseased condition, are, in a superficial way at least, usually well understood. They are placed in what is technically called the isthmus of the throat (*isthmus faucium*), between the mouth and the bag which anatomists call the pharynx; thus separating the buccal or oral cavity, that is, the mouth, properly so called, from the pharynx.

These glandular bodies may, in general, be readily inspected, and even partially examined, in the living subject.

The common inflammatory sore throat, from which most persons have suffered, more or less, in youth, seldom fails to give to the sufferer a practical

lesson and demonstration, as it were, of the position, if not of the functions, of these glands; the painful character of their acute enlargements, and the mechanical obstructions which, in this enlarged state, they present to deglutition and to articulation, are well understood. Other enlargements of a chronic nature, arising chiefly from constitutional and other causes, are also matters of by no means infrequent occurrence. It is of this chronic enlargement of the tonsil, and the operation practised for its removal, for the relief of deafness, that I am about to speak. This disease is not a new one, nor is the operation for its cure novel in surgery. Obscure in their nature, such enlargements differ widely from those wherein the tonsil is acutely inflamed; they cannot be so readily traced to any special morbid influences, or any exciting cause; they obey their own laws. After having existed for some time, imperceptibly increasing in size, they at length become so large as to seem obstructions to the performance of certain rather important functions, and hence appears to arise a necessity for an operation for their removal; such necessity, however, is but apparent; as these operations are of more than questionable propriety, whether we consider the sufferings of the patient, or the sound discretion of the surgeon who undertakes them. It is, then, to the consideration of the expediency of recurring to these operations without sufficient

reflection, that I now intend to direct my attention. A few preliminary remarks may be deemed, perhaps, not unnecessary before I enter immediately on the subject.

THE amygdalæ, or tonsils, are two glandular bodies, situated, as I have already said, in the narrow passage or isthmus between the mouth and the musculo-membranous bag, called the pharynx. Leading into this bag there are seven openings—namely, two from the nostrils, one from the mouth; the patent orifices of the Eustachian tubes, leading to the middle ears, form the other two. By one most important orifice, the air we breathe passes from the pharynx into the larynx, and so, by the windpipe, into the lungs; the last, or seventh, is the superior orifice of the gullet. Of the great importance of a cavity (the pharynx) holding such important relations, and connected by contiguous or remote sympathies with many other parts, I need not dwell here to any great length. It is invested, throughout, by a mucous membrane, continuous with that of the nose, mouth, ears, eyes, larynx, lungs, and digestive tube. The morbid conditions of this important section (the pharyngeal) of the great system of the mucous membranes, I purpose discussing in a distinct part of this work, on which I have been for some time engaged. The enlarged tonsil of which I here

treat is but a sequel of a morbid condition of this great membrane, and not, as some have unhappily supposed, a distinct and separate disease, a mechanical affection, if I may so say, remediable only by its removal. This dangerous error has been long acted on, and has proved too often the cause of permanent inconvenience to the patient.

An attentive, and especially an instructed observer, looking into the throat, will readily make out—1, the uvula; 2, the pendulous palate; 3, the isthmus of the fauces, and the tonsils on either side; 4, still farther back, the interior of the pharynx;—all these structures are invested by the mucous membrane I have just spoken of. Towards the base of the tongue may be seen two membranous folds (the pillars or columns of the fauces) descending from the soft palate. These enclose triangular spaces on either side, in which the tonsils are lodged. There are, moreover, musculo-membranous folds; in the anterior fold is placed the constrictor muscle of the fauces; in the posterior fold will be found the palato-pharyngeus; the base of the tongue is below. Thus, these glandular bodies, the tonsils, are surrounded, as it were, on all sides, by muscular organs acting on and compressing them, and giving rise to intense suffering when they happen to be acutely inflamed and enlarged. In chronic enlargements no such suffering happens, and their increase of size, at times, is scarcely known even to the patient.

Immediately, then, behind the isthmus, may be seen the interior of the pharynx, but more especially that portion of it which, extending upwards to the base of the cranium, backwards and downwards along the front of the spinal column, communicates more immediately with the posterior nostrils and the Eustachian tubes. This is the cavity which the illustrious D'Zondi, one of the most practical surgeons of his day, viewed as distinct from the lower portion of the pharynx, being momentarily separated from it during the act of deglutition, by the action chiefly of the palate muscles, and of the palato-pharyngeal muscles. This temporary, and, as it were, momentary division of the bag of the pharynx into two cavities, distinct for the time being, becomes, occasionally, a permanent arrangement, and a result of adhesions of the palate and uvula to the posterior wall of the pharynx. A case of this singular malformation, resulting from disease, in which the person is reduced to the alternative of breathing by the mouth only, came under my notice a few days ago.

John Webb presented himself at the Dispensary, for tinnitus aurium; but having no deafness or perceptible imperfection of his hearing, I was induced to hold a conversation with him for some time. His voice was hollow and full, and on examination, I found all the muscular apparatus of the pharynx completely atrophied, and nothing but an open,

vaulted appearance remained of the inner and back part of the mouth, the uvula only appearing somewhat thicker than natural. He stated that he had had, while in India, a severe attack of inflammation of the liver, for which he was mercurialized freely, and that, having taken cold, he had an attack of inflammation of his throat; this produced an abscess, the discharge from which continued for sixteen years. Change of climate, with some severe acrid gargle, eventually healed the ulceration. Since that period he has complained of tinnitus of his ears; and he has also had, even in the coldest day of winter, a continued perspiration over the entire face, whilst the other parts of his body were cold. This case was seen, from time to time, by many of my friends, and what was peculiarly interesting in it was, that there constantly flowed from the nostrils a thin, watery fluid, like tears, sufficiently acrid to irritate the upper lip, and to keep it always somewhat inflamed; the movements of the nostrils, also synchronous with those of the chest and diaphragm, were also observed to have ceased, clearly indicating that the nares ceased to retain any share in the respiratory function. The same circumstance will also probably account for the constant heat and perspiration which flowed from the face, the heated expired air, which ordinarily escapes by the nares, being more or less partially retained, and in its endeavour to escape producing the heat and

perspiration of the face. It is more than probable I might have been induced to attempt affording the patient some relief in this case by separating the soft palate; but a reference to a case in Mr. John Bell's "Operative Surgery," which in many points bears some analogy to the present, completely dissuaded me from the attempt.

"CASE.—A young gentleman, about fourteen years of age, of a slender and delicate habit of body, born in the West Indies, and being nursed and kept by his father's black servants, was, without the family being informed of it, deeply infected with the yaws, at the tender age of three years. Though cured by the plantation surgeon, and now enjoying the most perfect health, the condition of his throat proves that he must have lived long in a sad condition, and must indeed have come into the surgeon's hands in a desperate stage of the ulceration. His uncle believes that the cure was accomplished by calomel and the decoction of the woods, and that all the ulcerations have been for many years healed. The boy is spirited and resolute, and says, that *to recover the natural, I may say the human, sound of his voice*, he will stand stoutly to any operation I please to perform. The adhesion of the soft palate to the back of the pharynx, by which the posterior opening of the nostrils is closed, may easily be dissected; there can be no hæmorrhage, no danger, little pain. Should this be done?

“Description of the State of the Palate and Pharynx.—The whole of the throat must have been in a state of complete ulceration; but it had affected more the membranous parts than the glands; for the tonsils are entire and perfect, while the soft palate and pharynx have so adhered, that you can hardly imagine they ever had been separate, or that the appearance is anything but a mal-conformation. The whole circle of the fleshy palate adheres to the back part of the pharynx: and it is not an adhesion, slight or superficial, of the edge merely, but the very substances of the velum pendulum and of the pharynx are so mixed and incorporated, that you could not believe them ever to have been otherwise. If there be any distinction of substances, it is only that which is marked by a firmer and whiter line, running in a semicircular form: the much-thickened and ulcerated flesh of the palate seems by swelling to have been pressed as close upon the back of the pharynx, as if it had been held firm by stitches. There is not the slightest vestige of the openings towards the nostrils; one flat curtain of firm flesh, hard as cartilage, extends from the posterior arch of the palate bones, and declines insensibly into that part of the tube which we call the back of the pharynx, and by its inclination, like a pent-house, makes a perfect and imperforated arch. In the middle of this arch there is a whiter spot, which marks the place where the uvula had been, which

has by ulceration been entirely destroyed. The centre of the arch, where the uvula or pap was originally, has adhered with particular firmness; and from that white spot there runs down in the centre of the back of the pharynx a white ridge or prominent line, or raphe, which feels not merely hard, but absolutely cartilaginous; and on the face of this flat curtain, formed by the adhesion of the palate, and a little towards each side, appear the tonsils; their flat surfaces and excretory ducts turned directly towards you; and as the arches of the palate are comprehended in the adhesion, nothing in any degree resembling the natural structure of the throat is to be distinguished; there appears but one flat plain partition, extremely firm.

“The boy’s swallowing is imperfect, from want of contractility in the cicatrized parts to embrace closely the morsel as it descends from the mouth into the throat. His voice disgusting, because the air and sound are prevented from passing, as in the natural state of the parts, through the nostrils, and circulating among the nasal cells, which give the voice its resonance; but his condition is without a remedy. I am assured of this by reasoning, and by experience; first, the use of the velum is now irrecoverably lost: it serves in its natural state as a valve, moveable, and muscular, which, while we are speaking, directs a due proportion of the air through the nostril; and while we are swallowing, claps so

closely over the posterior openings of the nostrils, as to close the throat above, and prevent the food or drink, when pushed from the mouth into the pharynx, from passing up into the nose; but the part is now so indurated by the ulceration, that its muscles are no longer moveable, the substance of the palate, too, is indurated; the surgeon might, with a knife and long crooked probe, make first a central opening, and then dissect towards either hand, till he had disengaged the whole of the velum; but it could never again be a flexible valve, moved by the contractility of its own muscles: the opening would remain with rigid edges, round or slit-like, according to the manner of healing; all that were divided would retract, leaving a wide opening into the nostrils, but no valve to cover it, the patient would be in the condition of those unfortunate persons, in whom the older surgeons cut off, (as they usually did,) or slit up the soft palate, to make their way to polypi of the nostril. Whatever he did not swallow with great precaution, rather by letting it glide over his throat than forcing it by the usual effort, would rush upwards into his nose; and his voice would resemble that of one who had lost his palate by the venereal disease; when all the air, or much of it, goes out by the nose, there is not enough passing through the mouth to be modulated into distinct sounds: thence it happens that the voice is more guttural when there is too large an opening

towards the nose, than when there is none. I know well what effect will result from such a rigid opening in the palate, not secured by any moveable valve; for I have several times seen such adhesions of the palate to the pharynx, with partial openings, rigid and continually open, such as would remain in this boy after any form of incision; and in those patients every mouthful of food or drink swallowed rashly, went upwards into the nose.

“I counsel you neither to request nor allow any opening to be made in this adhesion, which so entirely and happily closes the nostrils; had any ignorant surgeon done such an operation, (and it is one into which one might be easily seduced,) he would have been disappointed and shocked at the ill consequences of what he had done so unpremeditatedly. Should you ever be so unwise as to require a surgeon to do an operation, which it is but too easy to perform, be assured that the part can never be closed again; the edges of the incision will heal, the opening will remain, and your nephew will never again swallow comfortably, nor speak intelligibly. I have, in some instances, known many of the above unpleasant consequences follow a free truncation of the uvula, notwithstanding its apparent simplicity and ready mode of relief, in cases of elongation, by operation; I would therefore give a caution, that no more should be removed than is absolutely necessary, looking upon the action as of much import-

ance to the perfect condition of the pharyngeal muscular apparatus, both as to the deglutition and voice."

In these cases, the upper portion of the bag of the pharynx was permanently and completely separated from the lower division, by the adhesion of the pendulous palate and uvula to the posterior wall of the pharynx. Thus an arrangement which, in the healthy state, is merely momentary, though taking place at each act of deglutition, had here become permanent, and breathing was effected only by the mouth. Notwithstanding, the persons so affected did not seem to be much inconvenienced by such abnormal arrangements. Their sense of hearing appeared not to be impaired. From the nostrils there flowed constantly a thin watery fluid, like tears, sufficiently acrid to irritate the upper lip, and to keep it constantly somewhat inflamed. In the case observed by me, the movements of the nostrils, synchronous with those of the chest and diaphragm, had ceased.

But to return to the tonsils.

In consequence of being situated between the mouth and the pharynx, the functions of the tonsils have been thought to be strictly mechanical. To pour out a fluid intended to lubricate the bolus of food in its passage through the isthmus; and further, to prevent the drying up of surfaces, or membranes, over which arid air passes so frequently;—such are

the functions, purely mechanical, assigned to these bodies. But even the discharge of these functions may, it seems, be dispensed with; the trifling consequences attending their removal, supposing it to be complete in so many hundred, or, as rumour has it, so many thousand cases, leading directly to this conclusion: That the tonsils are organs of no importance whatever to the animal economy, any more than the extra growth of hair or nails; that they may be pared, and cut, and shaved off, and burnt, in any way suiting the caprice of the surgeon or the feelings of the patient; and that, in brief, their functions, if any, are amply compensated for by other multifarious glandular bodies taking on their office when removed;—in short, the tonsils have been placed in the same category with the thymus and thyroid gland, the spleen, supra-renal capsules, and many other organs of whose structure we know little, and of whose functions we know still less.

Before I speak of the sympathies of the tonsils, or of the deep relations they have with other far distant organs, I shall venture a few words respecting their anatomical structure.

When the descriptive anatomist has told us that the amygdalæ are two conglomerate glands situated in the triangular cavities already described; that they are each six lines long, three thick, and three broad; that they belong to the cephalic portion of

the alimentary canal—an expression sufficiently correct in its way; that they derive their supply of blood from vessels which do not always originate directly from the main artery of the body; that they are obviously secreting glands, pouring out a fluid serving a mechanical purpose; he has told us but little that is important in respect of these glandular bodies, their uses in the animal economy, their sympathies and relations with near or remote structures; with the adult and præ-adult conditions of the frame. To supply these deficiencies, the chemist apprises us that the fluids they pour out are analogous to, if not identical with, that flowing from other buccal glands, of which fact, however, there is not the slightest certainty. Next comes the microscopic observer. To him we owe the observations, which may or may not be facts, that the tonsils in man and in the mammalia consist of recesses of the mucous tunic (*recessus tunicæ mucosæ*), in which rest conglomerate mucous follicles: that is to say, certain smaller cavities, or little bags, are placed over larger ones, they also terminating in very minute follicles; and this may be distinctly proved by insufflation.

What this adds to our knowledge of the physiological uses or pathological tendencies of these glands I will not pretend to say. But there is still a deeper research to be made into their history, the invention of modern times; their history, namely,

1, during the embryonic and foetal states; 2, the history of their development from the period of birth to extreme old age.

What we know of the first—that is, their embryonic condition, is, that they are situated in the line of direction of the first branchial arches, immediately below the cephalic bulb; that this also is the position of the Eustachian tubes, usually considered as the unclosed extremities of these arches; but the history of their progress from birth to old age has not been clearly traced, whilst the facts derived from comparative anatomy, as in the case of the supra-renal capsules, thyroid and thymus glands, the spleen, and some other organs, lead to no decisive conclusions.

When physiologists have failed in ascertaining the functions of a part by direct observation, they, since Galen's time, have attempted to obtain the knowledge by another mode; they remove the organ from the body, hoping by an indirect and negative method to discover the truth. Whatever may be the function of the part, it ought to cease, say they, on its total removal. This is a rather coarse way of experimenting, but in some instances it has led to sound and correct views; the removal, for example, of the preparatory male organs decides the nature of their function. With reference to other organs the method has entirely failed, and as regards the organs we now speak of—the tonsils—the records of surgery,

read in one way and with one view, (the mechanical,) would lead us to suppose that they can have no special or important function, since their removal leads to no important changes in the economy. Here the doctrines of compensating organs are brought into play; what one organ can do another may; the anterior buccal glands, they say, supply the place of the posterior when these are removed.

But the result of my experience—limited, I admit, but still carefully followed up—is hostile to these views—to some of them, at least, and especially to the one which tells us that the tonsils are organs placed there for mere mechanical purposes, whose absence or removal may therefore be really never felt, or may be supplied by others. To this, my opinion, I was first led by cases sufficiently numerous to warrant the inferences I drew from them. Subsequent reflection on the deeper sympathies of organs has, however, tended to confirm me in the belief—first, that the relations or sympathies of the tonsils are but imperfectly understood; and secondly, that their removal by the surgeon, excepting under extreme and urgent circumstances, is an operation which, notwithstanding the high names connected with it, ought not to be encouraged by the profession. For in medicine, and especially in surgery, it is not what may be done, but what ought to be done; not what is possible in

the way of operation, unattended by any immediate mischief to the patient, but what should be done, due regard being had to his future welfare, health, and happiness.

Anatomy, descriptive and general—Physiology, simply observant and experimental, having thus failed to elucidate the functions of these glands, Pathology is next appealed to; a distinct field of observation, and but slenderly connected with the physiology of the schools—a connexion so slender, indeed, that its very existence has been conscientiously doubted by some of the best observers at all times. Now, this field of observation has taught me that the removal of the tonsils, prior to the age of puberty, in the male, tends gradually to affect, in many instances, several important functions; that it is not without its influence in the weaker sex; whilst in the adult male it enfeebles the voice, interferes with audition, has been observed to affect the nutrition of the frame itself, reacting, no doubt, on this function through those sympathies which probably connect the generative system to the organs of voice, and speech, and deglutition, of which the tonsils form a part. Of the existence of such sympathies, as regards the organs of voice and of speech, I need offer no proofs; they are well known and universally acknowledged; the larynx, with its cartilages and elastic tissues, and muscles and nerves, obeys, in an extraordinary manner, the

development of the generative system in the human economy. Now, this sympathy, be it remembered, together with its great results, relates to structures of a low vitality, cartilages, and fibro-cartilages, and yellow or elastic tissues, generally set down in the ordinary physiology as parts having an extremely low vitality, and exceedingly few sympathies, if any; but a more careful observation refutes probably such opinions, "based on the experimental school of Haller, or, at least, on a misapplication of his doctrines. The development of the larynx is, at puberty, in man and woman, not confined to mere increase of size; it extends to change of form; also the infantile larynx is not merely a small larynx, it has a form peculiar to itself, distinct from that of the adult. Even in woman, the larynx of the adult is not merely the enlarged organ of the child; it has assumed a different shape."

But these important sympathies are not limited to the organs of voice; they extend to those of speech, of audition, of smell, and of taste. They include the facial terminations, if I may so say, of the respiratory and digestive tubes; nor are they confined to the period of puberty; he must have observed ill who supposes so: the phases through which the vestibule of the nostrils and its cartilages pass; the larynx and its accessories, the ear and its appendages, such as the mastoid process and cells, in particular, the mouth, and the tonsils—

these changes or developments are not limited to puberty—they extend throughout life. And here it may not be inappropriate to observe the varying condition of certain organs which, though remote from those I have just mentioned, yet seem, with others, to have direct sympathies with them. Trace, for example, the history of the glands of Cowper in man and in woman; comparatively small, at first, in the child; how they increase with years, to attain their full development only in the adult and healthy state of the body; observe how they decrease as age and infirmities come on, until at length they all but disappear. These glands, too, like the tonsils, have been called *lubricating glands*, in man and in woman; and no doubt they are so, in a certain sense; but that they discharge other and still more important functions must be manifest to all who have attentively studied their anatomy, physiology, and pathology.

“All these organs, then, from their earliest period in the embryo to the latest period of adult life, have a double reference, at least double sympathies, and play a double part. They have a relation to the being as a being, and to the individual, in connexion with those organs which connect him with his species.”

Such being my views, I have looked narrowly in so far as I was able, into the history of “The Operation for the Removal of Enlarged Tonsils,”

in man and in woman. Physicians and surgeons, generally, must be well aware that this operation is not a new one, nor one of recent invention: whoever will consult that invaluable record, "The Memoirs of the French Academy of Surgery," will therein find, that more than a century ago the whole subject, in so far as surgical operation goes, without reference to audition, was well understood. In our own country, Cheselden, Sharpe, and their followers, had done the same: still, all was mechanical; for surgeons had not thought it necessary to trace the results of such operations, to follow out the consequences to the individual: sufficient for them was it, that they had removed the mechanical obstruction, overlooking the more important consideration—namely, the diseased condition of the mucous membrane of the mouth and pharynx, of which the enlarged tonsil is but a consequence, or result. Thus it has happened that so little progress has been made in questions much more important than the operation—viz., What are the consequences of the operation?

Before the profession, then, can give their sanction to the indiscriminate performance of this operation, the doubts I have suggested as to its propriety will first require to be solved—practically. "A complete recovery," after a surgical operation, but too often means, that for a short time afterwards the patient operated on suffered but little, if any,

inconvenience. But, for obvious reasons, this mode of argumentation cannot be admitted in the present case. A very different kind of proof will be required. In this opinion I appeal with confidence to the profession. The experience I have had has led me to the following conclusions:—

1. That the enlarged tonsil, or elongated uvula,* does not, *per se*, give rise to imperfect hearing—this will appear from cases to be cited presently.

2. That its extirpation does not only not remove deafness, but on some occasions causes it.

3. That in cases wherein the tonsil is enlarged, the disease is in the mucous membrane generally, and that its morbid condition, when remediable, is so only by means of a judiciously-regulated constitutional treatment.

4. That the tonsils are not merely secreting

* “I altogether deny the connexion of closure of the Eustachian tube with enlargement of the tonsils. I have frequently seen this enlargement, both with and without the least dulness of hearing, but always with the Eustachian tubes perfectly free. I confess that I cannot at all comprehend how swollen tonsils should press together the mouth of the Eustachian tube, and close it against the admission of air, and may assert, that none of the practitioners who have admitted such mechanical efforts have ever satisfactorily investigated, by means of the catheter, the closure of the Eustachian tube in any one single case of the kind. This reproach applies even to Itard; from his very defective method of investigation, he ought not to have been surprised that so frequently NO AMELIORATION OF THE DULNESS OF HEARING OCCURRED IN THOSE CASES IN WHICH HE ATTEMPTED TO CURE IT BY EXCISION OF THE TONSILS.”—KRAMER.

organs, but play a further and most important part in the animal economy, holding as they do most intimate sympathies with important though distant organs.

5. That extirpation of the tonsil in the young has led to pernicious results, such as giving rise to bronchial and pulmonary disease, with other mischiefs to be mentioned in this work, and notwithstanding high authorities in favour of extirpating the tonsils or uvula for the relief of deafness, the operation has almost uniformly proved a failure.

The first proposition is, that the enlarged tonsil, or elongated uvula, does not, *per se*, give rise to imperfect hearing; I annex the following cases in proof:—

CASE.—Mr. —, of Richmond, twenty-three years of age, has had enlarged tonsils from his childhood; suffers no inconvenience, excepting from fatigue, and then the uvula is a little elongated, which, however, is soon remedied by an astringent gargle—he has had no deafness whatever at any period of life, not even in the slightest degree, although from time to time he suffers from cold, which generally affects the parts about the throat.

CASE.—Miss M——, aged sixteen, had glandular enlargement of the neck, her tonsils also were very much enlarged, so much so as to close almost the pharyngeal opening. In this case there was no complaint ever made of any defect in the hearing,

though my investigation on that point was extremely minute.

CASE.—Mrs. D——, aged twenty-five, states that she has never known herself to be otherwise than with enlarged tonsils; she does not remember ever to have suffered any defect in hearing.

CASE.—Mr. P——, aged twenty-nine, consulted me for some glandular enlargement of the neck. The tonsil on the left side was enlarged considerably, and at the same time on that side the hearing was perfect; on the right side, however, there was no increase of size in the tonsil, and yet his hearing was there very imperfect.

To the above cases I could add several others which have fallen under my own observation, and have occurred in my own practice. They in fact may be noticed to a great extent both at public schools and in private practice. Cases of this kind are of frequent occurrence.

The *Second* proposition, as already laid down, is, that “tonsillar excision not only does not remove deafness, but may, and frequently does occasion it;” I adduce the following cases in support of this opinion:—

CASE.—A gentleman of good constitution, whose voice became a little husky and thick after singing, or much talking, and whose tonsils had been habitually enlarged from his boyhood, without his having experienced any deficiency whatever with

respect to hearing, was advised to have them removed. This was done most effectually. His voice soon after became altered both in tone and strength, and he has gradually become deaf on the left side, whilst on the right he suffers from continued tinnitus; and on any cold or change of weather he suffers both from bronchial irritation and cough.

CASE.—Master W——, aged twelve, had his tonsils removed for stammering. He had no sensible defect in his hearing prior to this operation; but in two months after, a perceptible impairment was observed in this function; and although a variety of treatment was adopted, with reference to the Eustachian passages, which were supposed to have been obstructed, and other constitutional means were also resorted to, he has not derived the least benefit with respect to his speech, but his hearing remains impaired up to the present time.

CASE.—Mr. C——, aged thirty, had his tonsils removed for the relief of a very distressing impediment of speech; three days after which his hearing became perceptibly deteriorated—his voice has also been much altered for the worse: this was peculiarly injurious to him, as he was by profession a singer. This case occurred seven years back; and in this instance time has not been serviceable in producing any improvement or alleviation.

The third proposition, as already stated, is as

follows: "that in cases wherein the tonsil is enlarged, the disease is in the mucous membrane generally, and that its morbid condition, when remediable, is so only by means of a judiciously-regulated constitutional treatment." The following cases illustrate this proposition:

CASE.—Miss Jane W——, aged eleven, had enlarged tonsils, supposed to have followed an attack of scarlet fever, when she was three years of age; her speech was observed to be somewhat thickened as she grew older. For the relief of this defect it was deemed advisable to have the tonsils removed; since the excision, she has been observed to be in delicate health from time to time, although previously to that she had scarcely ever complained.

CASE.—A sister of the above child, at the age of nine, without having had eruptive disease, had her tonsils so much swollen as well nigh to close the opening. Having the result of the above case before me, and the disadvantages entailed on the child by operation, I determined on postponing any relief by attempting it, and on putting her on medical and constitutional treatment, consisting of very small but repeated doses of the bichloride of mercury, with quinine, and an external application of colchicum. This practice was pursued for a period of nearly six months, and with a marked diminution in the size of the glands, as also with considerable benefit to her general health. Here

the advantage of attending to the health in the first instance, and not running at once to appeal for aid to the knife of the operator, is most striking. The elder sister, immediately on the enlargement of the tonsils being observed, was brought to an operation without any attempt having been made at constitutional treatment. Cases occur, no doubt, where the tonsils have been for a long time neglected, and serious mischiefs have resulted to the general health, as well as to the growth of the child. What I say here is, that such long-continued neglect is just as bad in its effects, and is as much condemned by me, as the indiscriminate appeal to the knife. Instead of such remissness, the health calls loudly for the application of remedial means to the constitution of the patient; the fact is, enlarged tonsils are neither more nor less than a constitutional disease affecting the glands of the mucous membrane, and may with good reason be classed under the head of strumous affections; it may even be observed, that the class of patients in whom they occur are precisely those in whom unequivocal, unmistakeable marks of the strumous diathesis may be observed affecting other parts of the body; would it not be strange that an operation should be proposed for the removal of glands affected for scrofulous enlargement in other parts of the body? I may be told the tonsils are glands, whose enlargement, from their particular position, may put the life of the

patient into jeopardy, by interfering with the function of respiration, and that this circumstance, in imminent cases, may necessitate excision. To this I beg to reply—1st, that after a rather considerable experience, which has extended over fifteen or sixteen years, I never met a case where, in tonsillar enlargement, the danger to life was so imminent as to render excision necessary; nor, 2ndly, even admitting such a case to occur, as that enlargement of the tonsils should, by the obstruction presented to the respiration, occasion any danger to life; the cause of the danger being decidedly of a mechanical nature, relief may not be had by the removal of only a portion of the gland, and on one side only. In truth, the advocates of the operation of excising the tonsils seem to me to look no farther than the throat itself; they seem to think that the presence or absence of these two bits of flesh is an affair of perfect indifference; totally forgetting, or perhaps never having known, the important place these bodies hold in the animal economy; the close and intimate sympathies which they have with other and distant organs in the body. These sympathies are well known to, and fully admitted by, some of the best physiologists of the present time. Dr. Laycock, in his interesting work “On the Nervous Diseases of Women,” when considering the relations of the glandular tissues to the organs of generation, says, § 64, “The glandular tissues are those remaining to be

noticed, together with others situate about the throat—viz., the salivary glands, and thyroid body, the tonsils, uvula, pharynx, Eustachian tube, &c. . . . The connexion between them and the sexual organs in life is less strongly marked. . . . Pathological phenomena are those which are most suited to the purpose. . . . (§ 72.) The uvula and tonsils are much more frequently enlarged in women than in men, and, like the parotid and mammæ, are attacked more frequently by scirrhus on the cessation of the generative nisus. . . . In male camels the uvula is swollen during the rutting season, and protrudes from the mouth like a bladder.” (P. 265, *ibid.*) “Hypertrophy of the tonsils—a very common annoyance of the hysterical female—the left suffers oftener. The hypertrophy is usually similar to that of the thyroid body, mammæ, and uterus, consisting simply in enlargement of its proper structure.” In order more clearly to point out the close connexion and direct sympathies between these bodies and the reproductive organs, I append the following cases.

CASE.—A young lady, about eighteen years of age, had the tonsils removed for apparent obstruction, as well as for some thickness of the voice: she was of a ruddy complexion, and the mammæ were well developed. A few days after the operation, her health became deranged; her bosom sunk, and great disturbance was complained of in the other functions. Here there can be no doubt of the close

connexion between the mammary gland and the tonsils.

CASE.—My friend Mr. Hunt detailed to me the particulars of the case of a young lady, whose health sympathized in a similar way with the excision of the tonsils.

CASE.—C. G., aged twenty, consulted me for some defect of hearing; but states that her tonsils had been removed on both sides nine months previously by the late Mr. Liston. She states, that for two or three days her hearing was in some measure benefited, but the improvement disappeared after that period. From that time her voice has become lowered in tone; she suffers much from thirst, or any exertion of voice; dryness in the back of the throat; considerable difficulty, as well as great irritation, in swallowing after the slightest conversation. Over the posterior pharynx is observed a follicular enlargement, and the mucous membrane raised in patches, whilst the intervening spaces are glassy and shining. She states also, that at each catamenial period the throat is observed to be swollen, and if it be suspended beyond the time, a discharge of blood issues from each side on which the tonsils were removed. This case being singular, as well as interesting, I had a drawing of it made.

CASE.—A. B., a boy, sixteen years of age, I had the opportunity of seeing in company with a professional friend. The following facts I learned from

him:—He had been under treatment for enlarged tonsils for nearly twelve months; they were painted from time to time with tincture of iodine; no other local application was used. He took internally quinine and the mineral acids. It was observed after two months' treatment that the left tonsil diminished in size, whilst that on the right side was considerably enlarged, and the testis on the same side became perfectly absorbed.

CASE.—A young man, twenty-five years of age, with the largest parotid enlargement I ever saw, accompanied with chronic enlargement of the tonsils on both sides, states, that during any inflammatory action in the parotid tumor, he has always excessive pain in the testis of that side, and the tonsils are observed at the same time to swell considerably. The indistinct and defective history which I was enabled to elicit from this person (he not being able to state distinctly whether the tonsils enlarged first, or they and the parotid went on enlarging simultaneously) obliges me to acknowledge that this case is not so decisive as I could wish; but I am inclined to think that it bears out the pathological inference.

With respect to the fifth proposition, viz., that extirpation of the tonsil in the young has led to pernicious results, such as giving rise to bronchial and pulmonary irritation, etc., etc., I must here observe, that I have taken the opportunity of examin-

ing a great number of children belonging to school-houses, and others of the better order of life, in whom the tonsils had been removed for apparent obstructions to the respiration; and the result of my observation and experience is, that excision of the tonsils has produced considerable disturbance in the pulmonary apparatus, both in the mucous membrane of the bronchi, and in the parenchyma of the lung itself.

In support of this proposition, I beg to mention that I had the opportunity of witnessing, and occasionally attending, the two following cases:—Master W——, age nine, with glandular enlargement of the neck, and very enlarged tonsils, with the exception of some thickening in his speech was otherwise in tolerable health: the tonsils were removed on both sides, not only from the hope of its affording relief to his speech, but also with the view of thereby effecting some counteraction to the mischief progressing in the cervical glands. It was remarkable, in a fortnight, the change which took place in this boy's general health; from that time to the present he has never been free from cough on the slightest exposure to cold.

Miss W——, a sister of the former patient, twelve years old, enjoyed tolerably good health, with the exception only of enlarged tonsils. In consequence of a defect in her speech, they were removed. The results of the operation were observed to be pretty

similar to those in the case of her brother. I deem it right to state that these children never had coughs before, although exposed to a considerable walk every day in their way to school, without any reference to the state of the weather.

I had the opportunity of examining eight cases in succession at a public establishment, wherein the tonsils had been removed—their respective ages averaging from ten to fourteen. The results were nearly similar to those of the two cases above cited.

It will be remembered, that in what I have to say against the indiscriminate excision of the tonsils, I confine my remarks exclusively to the effects of such an operation on the function of hearing. I do not mean to say that there may not be occasions wherein such operation may not be necessary; with that question I have no concern. Such excision is by no means calculated to afford any relief to defective audition; nay, more; it is more likely to prove injurious in many cases than serviceable.

The same experience has satisfied me that the removal of the tonsils gives rise occasionally to deafness; that it enfeebles the frame, injures the constitution, affects the system in general, and alters the nutrition of the body. It is no reason, but rather the contrary, that because the tonsils may readily be removed, the operation should be performed on every frivolous occasion; and, finally,

it is my belief that the evils I speak of would long since have become manifest, but for the generally imperfect nature of the operation, by which the base or radical of the gland is in reality left untouched.

These facts and reflections I submit, with great deference, to the profession, not doubting that they will receive at their hands a most attentive consideration. He must be a young surgeon who has not witnessed an operating mania; he must be a young physician who has not felt the pressure from without of a new and fashionable drug. Some thousand operations have been performed on man and woman, the greater number, seemingly, without a reason or excuse: the profession is entitled surely to be made acquainted with the results—results which, I fear, when known, will be found to be, though remote, not the less melancholy.

The connexion between the general system and the neck and throat has been long known, as well as their reciprocating sympathies. It has often formed the subject, not of controversy, but of remark. The lungs and thorax, generally, also sympathize with the same. Physicians have ever been accused by non-professional persons of negligence in not attending to this most curious subject of inquiry.

Some have thought the sympathies between the sexual organs, and the glandular and other organs situated around or in the mouth and throat, to be less strongly marked. I do not myself entertain

this opinion. In the epidemic disease affecting the parotid, the largest of the salivary glands, the sympathy between the affected organ and the sexual system is obvious; they swell alternately, showing reciprocating sympathies; so, also, do the mammæ and parotids in woman, when affected by the epidemic I now speak of, and usually called the mumps. A case is recorded of an abscess forming simultaneously in the left parotid and left testis; and instances are by no means infrequent where an exuberant secretion of some glands is occasioned by a diminution in the secretion of others. These sympathies are not confined to the salivary glands, properly so called; they extend also to the tonsils, nostrils, and mucous membrane of the pharynx, of which too many lamentable proofs are daily seen by those entrusted with the care of persons suffering from the secondary effects of morbid poisons.

It were easy for me to extend these proofs by an appeal to the writings of Meckel and other anatomists.

“How often do we see inflammations of one side of the Schneiderian membrane, which often pass rapidly to the other; and so also of the tonsils, these changing by metastasis to other more distant parts of the glandular system. This can be accounted for by the seemingly similar tissue having the same structure and other properties. In all, I believe that the influence which determines the situation

occupied by the diseased process after metastasis is one conveyed from the part first affected through its nerves, which are in a state of morbid organic excitement, to other functions, whose connexion with them is not quite so apparent. To this fact must be referred the metastatic affections of the eyes, tonsils, testes, and probably some cases of gout and rheumatism."*

We conclude, then, from all that has preceded, that the tonsils are of considerable importance, not only as giving tone to the voice, but also as being organs subservient to deglutition by their lubricating agency. If this attempt to point out the real functions of these organs be not unsuccessful, it will at all events be attended with this advantage to the profession, as well as the public generally, that it will oblige persons duly to reflect, ere they venture to remove from the body, parts which are shown to be so necessary in the animal economy.

MUCOUS MEMBRANE.

Before we can enter with advantage into the present inquiry, so as fully to understand the occurrence and extension of the particular morbid action now under consideration, I deem it right to give a brief outline of that part of the mucous membrane with which we are now engaged, as also

* Paget.

of its leading sympathies—as well as of the muscular arrangement of the pharynx, since many cases of disease may be explained and readily accounted for by bearing in mind the nature of the several structures of the parts affected.

This membrane derives its name from the fluid with which it is habitually lubricated. It lines all those cavities of the body which communicate with the external integuments. Bichat divided it into two great portions—*scil.*, the gastro-pulmonary, and the genito-urinary. The former—that division with which alone we are concerned at present—commences at the eyelids, nose, and lips; that part going to the eyes communicating with the nose by the lacrymal canal, through which the tears flow. This same membrane also enters the cavity of the nostrils, forming the pituitary membrane, and, entering the apertures of the Eustachian tubes, lines the internal surface of the membrana tympani, as also the cavity of the tympanum. It then extends over the nostrils, lining the septum narium, and having entered the several sinuses in this direction, it becomes again lost in the external skin about the nostrils. But before this takes place, it is continued into the nasal duct with its sac and the lacrymal ducts; and through the puncta lacrymalia it is once more united with the common integuments. Here we may suppose the tunica conjunctiva to commence, which not only covers the anterior surface of the eye-ball, but is

continued through the excretory ducts, even to the substance of the lacrymal glands. Again, commencing at the external integuments of the lips, with which we may for a moment suppose it to be lost, this same membrane enters the mouth, affords a covering to the internal surface of the cheeks, and to the salivary glands, whose ducts it traverses, as also to the tongue; it then continues its course posteriorly. Behind the soft palate the mucous membrane from the mouth and nostrils becomes continuous, and from the throat downwards it divides into two portions—the one to line the air-tubes, the other to line the entire alimentary canal.

Observing the continuations of this membrane, and considering the manner after which the nerves, blood-vessels, lymphatics, &c., are distributed to it, we cannot but admit the existence of a principle of sympathy, by which the affections of one organ are transmitted to another; the advantage to be derived from this source in the employment of remedies will be readily recognised. On this point Müller says: “A remarkable sympathy is observed to exist between the mucous membranes: thus their diseases, particularly the mucous discharges and the catarrhal affections, have a great tendency to spread in them. By virtue of this sympathy, the state of one part of these membranes may be ascertained by examining another part, so that the state

of the mucous membrane of the tongue indicates the condition of that of the stomach and intestinal canal. All the mucous membranes have, likewise, an extraordinary connexion with the respiratory movements; thus, irritation of the mucous membrane of the nose produces sneezing; irritation in the pharynx, œsophagus, stomach, or intestines, excites the concurrence of the respiratory movements; vomiting, or violent irritation of the rectum, bladder, or uterus, gives rise to a concurrent action of the respiratory muscles, so as to effect the involuntary expulsion of the fæces, urine, or fœtus;—irritation of the mucous membrane of the larynx, trachea, or lungs, or even itching from irritation of the Eustachian tube, excites coughing.”

The mucous membrane, like the skin, is composed of three layers; the first, the epithelium, the cuticle of the membrane; the second layer is the *proper mucous*, or papillary layer, analogous likewise to the papillary layer of the skin. This is the surface which secretes and produces the epithelium. The remaining layer, the fibrous or submucous, similar to the corium of the skin, is intended to afford support to the papillary layer.

In the loose cellular tissue connecting the two latter layers, are placed the glands or follicles, which are peculiar to the mucous membrane. These glands are of two kinds, simple and compound. Henlé thus describes the simple follicles:—“In almost

every mucous membrane, even in those which are destitute of glands, there exist other organs, apparently connected with the secreting action of the membrane. They are round or oval closed cells, visible even with the naked eye, and sometimes quite transparent, but at other times filled with mucous globules." The compound follicles, or glands, on the other hand, are thus described:—"The substances of these glands consist of a mass of round or oval completely closed cells, of different sizes, and containing some granular matter, and others perfectly-formed mucous globules. A number of these cells united by cellular tissue, and perhaps, also, by a structureless membrane, form an acinus, and, as such, are seated upon a branch of the excretory duct, into which the mucous globules, and other matter contained in the cells, are from time to time poured, in consequence either of the membrane of the cells bursting, or of its becoming dissolved at the part where it is connected with the duct."

These follicles are much more abundant in some parts of the mucous membrane of the air-passages and œsophagus; thus, the *tonsils* almost entirely consist of mucous follicles united together by cellular tissue.

If the mouth be opened, we get a view of a membranous curtain, composed of a fold of mucous membrane, from the centre of which hangs the conical body called the uvula. The curtain itself,

or, as it is sometimes called, the soft palate, *velum pendulum palati*, separates the mouth from the throat.

This curtain is first attached to the bones of the palate; it then passes outwards, and consists in reality of two folds of the mucous membrane; these constitute the pillars or arches of the palate. The anterior pillars are continued down to the sides of the tongue, whilst the posterior pass downwards and backwards into the pharynx. In the angular space between the anterior and posterior pillars of the soft palate, lie the tonsils. The structure of these glandular bodies has been already described.

MORBID ALTERATIONS IN THE CONDITION OF THE
MUCOUS MEMBRANE LINING THE MOUTH AND
THROAT.

THE mucous membrane which lines the throat, when in its normal or healthy state, is of a slightly red, or pale rose colour; but when this membrane becomes the seat of inflammation, its colour becomes altered, as it then passes from the naturally healthy hue to the deep scarlet, and eventually to a purple or violet colour, according to the nature, form, and intensity of the inflammation. It may be observed here, that inflammation may attack any part of the structure of the mucous membrane separately; either the mucous membrane itself, or the mucous follicles, or, finally, the subjacent tissues. Inflammation of the mucous membrane itself is, generally speaking, spreading and diffusive; whilst inflammation of the mucous follicles, on the contrary, is circumscribed in its action. It sometimes happens, in the case of inflammation of the

mucous surface, that the follicles may also take on the inflammatory process, and in this case, after the superficial inflammation has abated, it still may remain in the chronic form in the follicles.

After inflammation has continued for some time in a mucous membrane, the lesion most frequently to be observed in it is a morbid thickening of the part affected; its surface also often presents a granular appearance. To this lesion I shall find it necessary to direct attention, when I come to consider that form of deafness, for the cure of which excision of the tonsil has been recommended.

I have now endeavoured to give such a description of the distribution of the mucous membrane of the mouth and throat, as may suffice to make it clear how far the function of hearing may be interfered with by disease of this membrane; I have traced it in its various divisions and continuations through the nares, the various sinuses, and the Eustachian tube; have tried to make clear the various sympathies, contiguous and remote, with different other parts of the body; I have also exhibited in sufficient detail the chief lesions produced in the mucous membrane by inflammation, both acute and chronic. I shall now endeavour to point out the lesions of this structure most likely to affect the organ of hearing, and the manner in which this effect is produced.

As has been already said, we have seen that, like

other membranes of the body, the mucous membrane of the mouth and throat is liable to various degrees and kinds of inflammation, both acute and chronic, common and specific; on closer investigation, we also find that inflammation of this membrane is further modified, partly by its various and extensive sympathies with other organs, and partly by constitutional causes. Scrofula, rheumatism, and several skin diseases; the exanthemata, when they become epidemic, as scarlatina, measles, and particularly influenza and small-pox; all affect it more or less, and are observed occasionally to give rise to severe and permanent disease, with the function of hearing much impaired, and not infrequently with total destruction of the organ. Every practical surgeon is well aware of the effects produced by the morbid poisons on this membrane, when they have deeply tainted the constitution, in consequence, no doubt, of sympathy.

ACUTE INFLAMMATION OF THE MUCOUS MEMBRANE OF THE THROAT.

In the hope of rendering what I have to say on this subject the more easily comprehended, I shall commence by noticing the various species and localities of inflammation of the throat, according as it presents itself in either the acute or chronic form,—the latter, more particularly, as being that which

has more especial reference to the various morbid conditions of the ear. Acute inflammation of this structure has passed indifferently under the various designations of *cynanche*, *paracynanche*, *angina*, whilst English writers have given it the name of *quinsy*.

Pharyngitis.—This inflammation may have its seat either in the mucous membrane covering the isthmus faucium, the tonsils, and velum, or in the pharynx alone. In the former case, the symptoms are, in general, dryness of the throat, with repeated and painful attempts to swallow. The inflammation has sometimes extended towards the Eustachian passages, in the usual seizures of scarlatina and cynanche; rarely it is otherwise diagnosed, by the excessive pain, and weight, and hissing in the ear, increased by noise and mastication. Imperfect hearing is one of the early and well-marked consequences—the patient cannot obtain the least respite from pain; there is sometimes partial delirium. This seldom continues above twenty-four hours before suppuration shows itself at the external ear. It is at this time we may expect much from a well-directed attention to the throat. We know that the inflammation has extended to the Schneiderian membrane, by the supervention of a sensation of dryness of the nostrils, with frequent sneezing, preventing the patient from breathing through the nose, and obliging him to keep the mouth open during sleep. The

supervention of cough and hoarseness announces to us that the inflammation has extended to the glottis and larynx. It is this condition that we have so much to contend with in the chronic form, and which, I believe, is the cause most frequently producing relaxed palate and uvula. Examination of the throat will present to us the membrane covering the velum, uvula, and tonsils, red and swollen, great vascular congestion, intense and general redness, with excessive tumefaction of the back part of the pharynx, and not infrequently combined with enlarged tonsil on one or both sides. The inflammation, if not soon checked, extends to the middle ear, causing agonizing pain, both in the ear and head, on one or both sides; in this condition of the case we observe difficulty of swallowing, and of course all the symptoms of fever.

Pharyngitis of this form sometimes terminates in a few days by spontaneous resolution, or by appropriate antiphlogistic treatment;—in severe cases, no doubt, suppuration sometimes takes place, and an abscess forms either in the uvula or velum. This occurrence will be detected by introducing a finger, when the sensation of a tumour or of fluctuation will often indicate that matter has formed. This is, in general, a mild disease; it is, however, sometimes troublesome from its liability to return, in constitutions marked by the strumous diathesis, from very slight causes, such as exposure to cold,

or sudden variations of temperature. When this disease becomes chronic, as it more frequently does, it is generally termed relaxed sore-throat; it is in this case easily brought on. The patient is then annoyed by difficulty in swallowing, noises in the head, impaired hearing, in consequence no doubt of the extension of the diseased action to the Eustachian passages and middle ear, as well as by a dryness in the throat. When the disease is seated in the posterior pharynx, as in the superior or inferior part, pretty much the same symptoms are found to exist as those just described. This form generally terminates in resolution, though an abscess has been found to form in the lower part of the pharynx, and to carry off the patient by its pressure on the glottis.

When the disease is slight, the remedies for common catarrh will be found amply sufficient for its removal. When, however, it is more severe, it will be necessary to resort to depletion; we must apply leeches freely, either below the jaw or behind the ears, and adopt other depleting measures. Fomentations will also be found of great benefit. There is a condition of this membrane which is left frequently after an attack of pharyngitis, in which it is observed to be raised in patches resembling jelly, and excessively red, interspersed with a follicular enlargement. This is more often attended with deranged general health and impaired hearing, on one

or both sides, and is never effectually remedied by any other plan than change of air, or a residence at the sea-side particularly; the throat gargled occasionally with warm and cold water will also contribute much to produce resolution. Should the disease assume the chronic form, the application of blisters should be resorted to from time to time. When an abscess forms, it should be early evacuated. If the abscess form low down in the pharynx, as occasionally is seen, in order to obviate the danger of fatal consequences from pressure on the glottis, it may be necessary to make an opening into the larynx.

The ordinary and milder form of this disease—viz., the chronic inflammation of the pharynx, and its consequences, namely, thickening of the mucous membrane, and follicular enlargement, with increased size of the tonsils and elongation of the uvula, shall now engage my attention. These morbid results are observed to follow the eruptive diseases, and particularly in individuals of a strumous habit of body. Cases of this description occur, I am well aware, more frequently in children, but it occasionally attacks also the adult age, and is rarely observed without a simultaneous affection of the Eustachian tube and middle ear, either leaving a thickening of the lining membrane, or terminating in abscess.

I therefore urge the importance of an early ex-

amination of the part, as most likely to prevent much mischief, and probably in many cases its destruction. This view of the progress of disease in producing disorganization in these structures has not, in many cases, attracted sufficient attention from modern writers on ear diseases; and it not infrequently happens that our first notice is directed to the external ear when the mischief has commenced in the throat, and which might, by timely treatment directed to that part, have been avoided.

The leading symptoms after such investigation are too well known to require a minute description; but I may remark that any pain or imperfection in the condition cannot be too early attended to by the practitioner.

Inflammation of the mucous membrane lining the Eustachian tube has been described by authors; but their account, in reference to treatment, in my opinion, is far too general, and but little adapted to prevent the mischief extending. We must recollect, however, that without an early attention be directed to this part of the body, we are often called upon to treat an incurable organ. This was formerly of more frequent occurrence than it is at present, principally from the fact of the many observations which have been made and published upon the subject generally of late years, and because it is not so much the custom for persons labouring under diseases of the ear to resort to practitioners but little

acquainted with them; add to this the fact of the surgeon being in general better acquainted with that department of surgery; nor is the medical practitioner so much accustomed in the present day to recommend patients to the care of individuals not educated to the profession.

Some of these affections will be found acute, requiring the most energetic and prompt treatment, although a more chronic form is frequently presented to our notice, particularly after the eruptive fevers. I shall endeavour to point out the necessity of entrusting these cases to none but regularly educated practitioners, as that is the most likely way to prevent these distressing consequences, as also to ensure the safety of the patient's life, many requiring the most active treatment; and it is not sufficient for persons who have merely paid attention to aural diseases to console themselves or delude their patients by imagining that when dangerous symptoms set in they can call for medical aid; which, I regret to say, is the case far more frequently than is supposed, and that often when it is too late. How is it that such individuals can be alive to other symptomatic actions in progress during the attack on the ear, whether near or distant? the treatment of the disease attacking this organ in many instances requiring the same well-directed attention as other organs; this exhibits in a marked degree the necessity for well-educated

medical men undertaking these important affections, which were and are too frequently left in the hands of the unprincipled charlatans who have disgraced this and other countries.

Since so little has been done in diseases of this class, I thought it might be useful to direct the attention of the practitioner to the subject. I am yet further disposed to do so by the consideration of their pathology being obscure, and the urgent necessity there is for early medical attention. The cases I have selected for the purposes of illustration are appended to the end of this Treatise; they will exhibit the origin, progress, various forms, effects, and the best mode of treatment of these diseased actions, as well as their relations to other parts of the economy, and their dependence on the constitution of the patient.

The consequences to which these changes lead more remotely are the enlarged tonsil, the thickening of the membrane, relaxation of the posterior fauces, and often partial obstruction, from extension by interstitial deposition, and opacity of the membrana tympani. The prognosis under such circumstances, more especially if attention be not directed to this part, must be very cheerless, the internal machinery being considerably interfered with through the extension of the morbid action. When the inflammation has extended to the ear in so short a space of time, irreparable mischief is often done to the organ

before assistance is afforded; but it is generally to the more chronic condition of this inflammation that our attention is more frequently called, and our prognosis of course is invariably governed by the condition of the *membrana tympani* and throat, whether they have been left intact, or have been much injured by interstitial deposition. The inflammation is not equally violent in all cases, and of course our views as to its termination will be guided by the phenomena of mildness or severity which present themselves.

Having said thus much of the acute form, and the necessity for an early attention to the part affected in the course of the disease, I will just advert to the chronic stage—that stage, forsooth, where we are more frequently called upon for advice. This of course will comprehend mere *sequelæ*—viz., the enlarged tonsil, elongated uvula, the relaxed velum, and the granular condition of the mucous membrane of the posterior fauces, which sometimes extends up the Eustachian passage to the tympanum and its lining. I now allude to young persons, and not to cases where our patient's constitution is known to be affected either with gout, rheumatism, or the like. With respect to treatment, I may say, the only chance of arresting the progress of this disorder, and preserving the ear from its destructive influences, is by the application of leeches from time to time, under the jaw, behind the ear, and to the

throat, which are to be repeated at short intervals. Should the symptoms not yield, we must combine with the leeching febrifuge medicines, and particularly the ant. tart., in small doses; this treatment I have known succeed, and the impairment of the organ prevented in many cases, notwithstanding the appearances and threatening suppuration. The slighter symptoms which may show themselves may be subdued by means of local depletion and small doses of ant. tart. only; but I should scarcely ever feel myself safe in the treatment of such cases without abstracting blood locally, whether the affection was produced by the ordinary cynanche, or occurred as a sequela of the eruptive diseases. If ulceration is established, or suppuration has set in, it will be of no use to pursue this active treatment; although more moderate depletion may become necessary, and an early attention should be directed to any part of the throat where we may expect a purulent deposit; this, when formed, should be at once evacuated, and its extension to the middle ear prevented.

I do not, of course, feel myself warranted in recommending blisters in the acute stage, although in the more chronic form of this disease, or when the tonsil is enlarged, a blister may be applied on each side of the throat with great benefit, and the part dressed with an ointment composed of lard and colchicum. The ordinary local applications are only

to be considered as means of lessening suffering, and thus contributing to the comfort of the patient, and not as checking the violence of the disease. They may be used either warm or cold, according as it may be most agreeable to the patient's feelings. I have found them in the early stage of the disease more beneficial when cold, inasmuch as they prevent in a great degree the progress of the suppuration. Although we may succeed in checking inflammatory action by the means now specified, its effects are not immediately removed in reference to the absorbent glands of the neck, which are almost always involved under these circumstances. Some time is required often for the restoration of the healthy condition of this membrane, and for the removal of the morbid consequences ; the swelling of the side of the pharynx, and the enlarged tonsil remain for some considerable time, and it is not until a more generous diet and probably change of air be adopted, that we find the case permanently relieved.

In the chronic state we may expect much from local treatment—viz. the external application of colchicum ; nor do I know of any means more beneficial than this in cases of the kind. As I have considered this morbid condition as very much resembling that of rheumatism in its chronic form, I have administered the guaiacum with great relief, and more particularly I have found benefit in the

application of nitrate of silver in solution to the posterior part of the throat, and internally the quinine combined with the guaiacum.

It is in this form of the disease we are ordinarily appealed to with respect to the enlarged tonsil, and in young people particularly; the speech appears for a time to be thick and, as it were, heavy, and there exists a troublesome nasal catarrh, in which cases we are often tempted to resort to extirpation of the tonsil. And here I beg to repeat, that the evil to be remedied is by no means alleviated by this proceeding; for my experience has, after duly reflecting upon those cases which have fallen under my observation, satisfied me, that after extirpation another action is set up, the nature of which will be alluded to presently. In spite of the confidence which one is inclined to repose in the practice of this operation, I cannot help thinking that it has been too often resorted to, while the relief expected from it may be attained by the measures already suggested. It is not the temporary relief to which we should look forward, but the preservation of organs over which these glands appear to exercise considerable influence. These are not theoretical grounds, but grounds based on long observation—as also on the consideration of the consequences which we see to result. In some of the instances which have come under my observation, the removal of the gland has benefited the patient merely for a few days, the inconvenience

returning often with equal violence, much to the disappointment of the surgeon.

DISEASES OF THE TONSILS.

Inflammation may attack the clusters of follicles in the pharynx, which, being connected with cellular tissue, form the tonsils. The symptoms of this inflammation are, a sensation of dryness, heat and pain in that part, with pain in swallowing. The ordinary secretion which lubricates the throat being suspended, will account for the sense of dryness in that part: subsequently, however, the secretion is augmented. The inflammation which at first attacks the tonsils, extends also to the uvula and palate; the former of which becomes elongated, and irritates the epiglottis. Deglutition is painful when both tonsils are swollen.* Sometimes the tonsillary inflammation extends along the Eustachian tube, and causes pain in the ear, and deafness; difficulty of breathing may also be produced by the pressure of the tonsil on the windpipe; this dyspnœa may also be accompanied by some change in the sound of the voice. To these local symptoms are added

* In inflammation of the amygdalæ, the pain which some patients complain of in the interior of the ear, more especially at the time of yawning, the crepitation which they experience there, and the partial deafness associated with these phenomena, incline one to suspect that the inflammation then extends to the Eustachian tube.

those of inflammatory fever, pulse accelerated, full or hard, heat of skin, headache, and great thirst.

This inflammation may terminate either in resolution or in suppuration. When purulent matter forms in the tonsils, it is announced by the pain of the early or acute stage gradually becoming more dull, whilst the difficulty of breathing and of swallowing is increased by reason of the increased tumefaction of the tonsils. An examination of the throat with the finger will detect the existence of matter by the evidence of fluctuation in the tonsil, or by the pointing of the abscess. This abscess may burst either during sleep, or whilst coughing. The pus is always fetid.

The course of the inflammation is not always the same in both tonsils; there may be an abscess in both, but in general it is only in one. It has been frequently observed that though, in general, the tonsils resume their natural size, these bodies, after being inflamed, remain for a long time enlarged, accompanied with chronic inflammation of the investing mucous membrane, and relaxation of the velum and uvula.

Tonsillitis very rarely terminates in gangrene.

Treatment.—Bloodletting to be proportioned to the intensity of the symptoms. When the case is a mild one, the local abstraction of blood will suffice—in all cases, it may be stated that the local symptoms are much relieved by the application of leeches

under the jaw, or by cupping behind the ears, or on the back of the neck. Scarifying the tonsils has also been found serviceable.* After the abstraction of blood, purgation by the common cathartics must be resorted to. We should administer the common saline remedies. With respect to local treatment, I should recommend the external application of colchicum, either with soap liniment, or singly, as most likely to offer relief. Should these measures fail in producing resolution, it may be found necessary to promote suppuration; this is to be effected by the application of hot poultices, and the vapour of warm water.

In angina tonsillaris, Velpeau has used alum as a local application during the first stages of the disease. He found it, indeed, beneficial at any period before suppuration has been established. The alum is to be applied in the form of powder,

* "When any of the exanthemata, or any other disease, induces sore throat in persons of a strumous habit, we may depend on having enlargement of the tonsils. This is of more frequent occurrence in children than in adults; I would by all means recommend early attention to the circumstance, as in the event of these glands becoming much enlarged, considerable inconvenience and sometimes danger may be occasioned to the patient, in case cold, inducing sore throat, should come on. In such cases, the tonsils on a sudden take on a great increase of size, so much so as to cause considerable alarm."—*Andr.*

Whether Andral is correct in considering the chronically-enlarged tonsil as the irritating cause of the sore throat in the first instance, as he states in a passage presently to be cited, I shall leave to others to determine.

by means of the finger, to the fauces and parts inflamed. After its employment, Velpeau tells us that the symptoms are stopped as if by enchantment, the redness and swollen state of the inflamed parts subside, and convalescence soon returns. I have for some time discontinued the method of treating anginose affections with alum, having so often found it to fail; there have, however, occurred to me instances in which I have experienced great benefit from this practice.

Hypertrophy of the Tonsils.—In some instances this may be congenital; sometimes it seems to be hereditary, and is often associated with traces of the scrofulous diathesis;* we have above alluded to the fact of its being the result of repeated attacks of inflammation. When it is the result of inflammation, it is in general accompanied with induration. This is a troublesome affection, by its impeding deglutition, and sometimes interfering with the respiration.

* “Hypertrophy of the tonsils may exist unattended by induration: it is frequently accidental, but is sometimes congenital. It generally becomes a permanent cause of irritation to the neighbouring mucous membrane, producing frequent sore throats. Here, then, is an instance of the development of a tissue beneath a mucous membrane being a cause instead of an effect of an acute or chronic irritation of that membrane. It is, perhaps, also worthy of remark, that in many persons whose tonsils thus present an excess of development, (a disposition known to be hereditary,) we likewise observe a bad conformation of the thorax, and other characters of the scrofulous diathesis.”—*Andral's Path. Anat.* v. ii.

I have for some time been in the habit of using the cod-liver oil in strumous enlargements of the tonsils, and with excellent effect. My experience of this medicine warrants me in saying that it is capable, more than any other medicine, with which I am acquainted, of reducing to their normal size tonsils that were enlarged from a very early period of life. I generally employ at the same time the external application to the throat of tincture of colchicum (wine of the seeds) combined with soap liniment, night and morning. In cases where this mode of treatment failed, I have seen much benefit derived from the use of the tincture of guaiacum taken internally twice a day.

Disease of the Follicles of the Tonsils.—We occasionally find the follicles themselves (independently of the cellular tissue in which they are embedded) as well as their lacunæ or orifices, and the fluid contained in their cavities, liable to morbid alteration. The follicles here are prone to the same changes as those of mucous membranes in other parts—viz., inflammation, enlargement, &c. The fluid secreted by them may be changed into pus, or into a concrete substance, like tuberculous matter, or into a calcareous concretion.

On the pathological anatomy of the diseased tonsil, Andral thus says: “Of the numerous follicles that open on the surface of the stomatopharyngean mucous membrane, those whose assem-

blage forms the tonsils are subject to several morbid alterations that deserve a particular description. The seat of these alterations is sometimes in the cellular tissue situated between the follicles, which may either be simply congested, secrete pus, or become indurated and enlarged, thus producing the so-called scirrhus state of the tonsils. At other times it is the follicles themselves, as well as the lacunæ into which they open, that are altered either in the texture of their parietes, or in the fluid contained in their cavities. Their parietes, like those of every other follicle, are found, according to the case, either in a state of simple hyperæmia, or of hypertrophy, induration, or softening. The fluid naturally secreted by them may be modified in its quality, so as to become either pus or a concrete friable substance, like tubercle, or one still more solid, of sufficient consistence to be termed a *calculous concretion*, and varying in size from the bulk of a grain of millet to that of a kidney-bean.”*

* The composition of tonsillary calculi has not received much attention on the part of writers; those of which Monro gave the analysis were of a white colour, internally opaque, with a yellowish tint in the centre, and slightly grey at the circumference; their section presented some concentric layers of a more brilliant white colour than the rest, but without any central nucleus: examined with the lens, they appeared formed by the agglomeration of a great number of small grains; their analysis yielded a white substance floating on water, and had the qualities of coagulable albumen, phosphate, and carbonate of lime.

Having now come to the consideration of the tonsil in a state of chronic enlargement, I beg leave to state that I have been long satisfied that we should look upon such instances as the result of constitutional debility—very closely resembling those enlargements and infarctions of the cervical glands, as well as the glands of other parts of the system, so frequently observable in persons presenting the scrofulous habit; still, notwithstanding the prevalence of scrofula, and the great opportunity of observing the various and protean forms under which this many-headed monster is seen, we do not possess anything like a clear and succinct detail of the special conditions under which such enlargements occur, nor of the methods of treatment respectively suited to them.

Although we may have checked the immediate attack of inflammation, we have now very frequently a very troublesome chronic tubercular condition of the mucous membrane as a sequela; and it is to this condition that I am more particularly anxious to direct attention—a condition, in fact, so ably described by Dr. Greene, that with him I shall take leave to give the name of follicular enlargement to this state of the membrane. I believe it is this condition and the habit of body accompanying it, that so often terminates in enlargement of the tonsil and elongation of the uvula—more particularly in children after the eruptive diseases; and which by its exten-

sion to the Eustachian passage and tympanum, not only produces dulness of hearing, but sometimes the destruction of the organ itself.

This morbid action of the mucous membrane I have traced in some cases, by dissection, to the middle ear, producing the granular appearance throughout the membranous expansion. In the case of James South, who was admitted a patient at the Infirmary two years since, and whom I had the opportunity of inspecting *post mortem*, the disease not only affected the respiratory apparatus, but extended to the brain, and was attended with all the symptoms of tubercular meningitis. When first applying to the Infirmary for Deafness, he had enlarged tonsils and elongated uvula, with a copious distribution of the follicles over the membrane, and thickened nasal discharge, with impaired condition of both sides. The boy I had the opportunity of seeing from time to time, and therefore could ascertain the progress of the morbid action. As I had but little expectation of relieving him by any surgical assistance, he was forthwith placed on a constitutional mode of treatment; but little was effected, either as to the pains or the disease; the headache which accompanied the attack was so intense that but little hope could be expected from remedial means. It was often associated with vomiting, which occurred at frequent intervals. As the progress of this case was interesting, I was

anxious to investigate the appearances, and I found the follicular deposit extensively distributed, not only over the middle ear, but to the membranous expansion of the cranium and brain. This condition, in large cities, is not at all infrequent, and I have many such constantly under observation. I think it obvious, in this case, that any operation on the throat, either as regards the tonsils or uvula, would have been useless, although the difficulty in swallowing and the nasal discharge strongly pointed to such mode of treatment; and as I had also the advantage of seeing, at the same time, two cases wherein the tonsils had been extirpated, but with no relief, the symptoms pretty much resembling the former case, it was not likely such practice could avail in this. After a tolerable experience in the every-day results of excising the tonsils or uvula for the temporary relief of deafness, I have satisfied myself that but little, if anything, is to be expected from it.

In the quotations I am about to make from Dr. Greene's work, it will at once appear that the condition of the mucous membrane of the mouth and pharynx which almost invariably accompanies tonsillary enlargement, closely resembles the state of the same membrane, so graphically described by him as manifesting itself in those who show in other forms unmistakeable signs of the strumous diathesis. In some cases where the scrofulous manifestation is

but slight, or almost null, every observant individual has often been made sensible of a morbid alteration in the secretions of the mucous membrane of the mouth, fauces, and throat, when he has been compelled to breathe, even for a short period, the pent-up and vitiated air of a crowded room. When we reflect on the extensive mucous surface of the respiratory apparatus thus deleteriously acted upon, and that, without a perfect performance of the functions of this membrane, those important alterations in the blood, so essential to the health of the individual, cannot be properly effected, we wonder that, under these circumstances, changes still more pernicious than those ordinarily observed, are not more frequently produced.

I have examined to some extent, the structure and physiology of the numerous glandulæ, or mucous follicles, which are found scattered along the whole extent of the lining membrane of the respiratory tubes. These glandular bodies are themselves the primary seat of important structural changes. That peculiar affection of the throat which, under the appellations of "Bronchitis," "Chronic Laryngitis," "Clergymen's Sore Throat," &c., has occurred, especially during the last ten or fifteen years, so frequently among public speakers and others, consist primarily and essentially, as I shall be able, I think, to demonstrate, *in a diseased condition of the glandular follicles of the mucous membrane of the*

throat, larynx, and trachea. Commencing, generally, in the mucous follicles of the isthmus of the fauces, and of the upper portion of the pharyngeal membrane, the disease may be extended, until the glandulæ of the epiglottis, larynx, and trachea, and sometimes those of the œsophageal membrane, are extensively involved in the diseased action.

The structural changes to which the mucous follicles of the throat and air-passages are liable, are *Inflammation*, which may result in *Ulceration*, *Hypertrophy*, *Induration*, or in a *Deposition of tuberculous matter in the follicles themselves*, attended, in most of these conditions, by a greatly increased, and vitiated mucous secretion.

The disease of the mucous glandulæ may be *primary*, and *uncomplicated*, and be limited, entirely, to the fauces and pharyngo-laryngeal membrane; or, it may be *complicated* with *hypertrophy and induration of the tonsils*, and with *elongation of the uvula*. It may accompany, or be consecutive to, other affections of the air-passages, and co-exist with *Laryngitis*, *Bronchitis*, or with *Pulmonary Phthisis*.

Description of Follicular Disease of the Air-passages.—This peculiar malady consists essentially, in its formative stage, of an inflammation of the mucous glandulæ, which is sub-acute in its character, and which may result, as above stated, in hypertrophy, ulceration, or induration of these

glandulæ, or in a deposition of tuberculous matter into the substance of the follicles themselves.

In all cases of sub-acute inflammation of the mucous follicles, the tendency of the morbid action is to terminate, ultimately, in ulceration; although, as we have seen, these glands may remain, in a state of hypertrophy or induration, in some instances, for years, before this form of structural lesion shall occur. Ulcerations of the follicles of the air-tubes differ essentially in their appearances from those ulcerations of the mucous membrane, which are the frequent consequence of inflammation of that tissue. In the latter, when the result of chronic inflammation, the ulcer commences by destroying the epithelium, and then, extending its circumference and depth, penetrates the mucous tissue, and appears in the form of a superficial ulceration, with irregular edges, and a rough, sloughy base.

Causes of Follicular Disease of the Air-passages.—It is customary with writers to arrange the causes of disease ordinarily under three separate heads;—the proximate, the predisposing, and the exciting.

In a former chapter I have stated that the disease which we have been considering, consists, primarily and essentially, in a morbid condition of the glandular follicles of the aërial mucous membrane. Understanding the term, proximate cause, to be synonymous with the disease itself, I shall refer the

causes of follicular inflammation to two distinct heads only,—the remote or predisposing, and the immediate, or exciting.

Hereditary Tendency.—One of the most important among the remote causes of this affection, is a constitutional predisposition. That there exists in some families an hereditary tendency to follicular disease, is a well-established fact.

The presence of a strumous diathesis, awakened by any means in individuals who were born without any hereditary tendency to disease, may prove a remote cause of this affection. All those influences, in short, which tend to induce a cachectic state of the system, predispose the individual to follicular disease; and among these influences, no one stands more prominent than that of impure air;—such an air, for example, as clergymen, teachers, lecturers, and other public speakers, are frequently compelled to breathe in crowded and ill-ventilated churches, lecture-rooms, &c., which we know to be not unfrequently the case. The absence of manifestation by no means proves that the individual has not the principle of scrofula implanted in his constitution.

On this point Mr. Vincent observes: “A material point of the inquiry into the natural history of scrofula, must be that of estimating the influence of its manifestations on the system. I think the prosecution of such an inquiry will not lead to the

conclusion, that this complaint so far encroaches upon the powers that sustain life as to be intrinsically fatal. We frequently see persons who, when young, had suffered from scrofulous affections, and who, having passed over the impressions the complaint had made, have afterwards enjoyed a fair share of health, and lived in comfort to a good old age. The fact is, that great manifestations of the scrofulous constitution may go on, and yet the ordinary process of health be little disturbed, the powers but little impaired, and the functions of life very little interfered with.

As the local affections are found in such a variety of situations, we are not aware that the mere disease, when seated in parts not essential to the maintenance of the vital functions, ever is destructive to the actual existence of life; or at least it must go on to derange the structures on which it is implanted to such a degree, that from any other cause the same series of affections would place the constitution, by the great disturbance they create, in imminent peril. Tubercles, if not in such number or degree as seriously to interfere with the functions of the lungs, do not necessarily endanger life; and we find that scrofulous disease of joints does not influence the system so injuriously as to derange the functions of life, until it has proceeded so far as to destroy the essential structures of the part.

In seeking some of the conditions which the series

of local affections of scrofula seem to point out, I have insisted that one of these is the liability to change of seat; and it may well be suggested by an inquirer, whether this change of locality may be effected by artificial means, and the local disease be removed from one affected part to another of less importance. An investigation that could lead to an affirmative result on this point must be of interest to the surgeon. We have instances of the translation from a greater to a less state of disease in some of the joints, particularly in scrofula, which cannot be set down, in reference to its manifestations, as a persisting disease. We see persons of advanced age who have had scrofula in their youth, and are then quite free of any appearance of its existence; and I believe we never see the local disease going on in very old patients. It is a state that unfolds its character in early life, and languishes as the period of existence declines. If this view of the subject be correct, the surgeon has the greatest responsibility thrown upon him in the management of scrofulous complaints, by having recourse to operations on account of them, which should only be resorted to when the life of the patient is in danger.

It has been asserted, and the opinion seems to have obtained some influence over the minds of practitioners, that scrofula is a mere state of weakness of constitution; but if we are to measure weakness by the want of energy of the mental

powers, by the languid state of the circulation, or the absence of muscular strength, or by the weak powers of the stomach, and therefore deficiency in the means of receiving nourishment in the individual, we do not find that in any of these conditions the scrofulous subject is in a state inferior to a large class of individuals who are set down as being healthy. We do not find that the pulse varies in any degree proportionate with the local scrofulous disturbance, nor does the mischief going on in the parts disclose any influence over the natural functions of the body, that necessarily proves that weakness is a feature to be delineated in the portrait of scrofula.

There is a condition under which scrofula exists, that must have attracted the notice of observers, and which is of the utmost importance in its practical bearing, as it affords a valuable principle in the treatment of the complaint. I allude to the tendency which there is in scrofula of varying its local manifestations. And this change from one spot to another will even take place several times before any alteration of the structure takes place in a particular part. It would almost appear to be fugitive in its attacks before it settled down to one part.

These local affections, which may all be placed in the class of scrofulous disease, would abide a limited time, although not exactly in the order in which I

have placed them, and afterwards recede, another local expression making its appearance, and proving that the activity of scrofulous manifestations was not subdued, and that if the state of disease did not permanently fix its locality, yet it preserved its active energies to infringe on the natural state of healthy structures. These cases appear to me to prove that it is one of the laws of scrofula to be changeable in the parts it fixes upon as the seat of its local expression; and that it will have scope to exercise its energies.

If the local affection has so far advanced as to produce an absolute alteration in the structure, it then seems as if it had scope enough for its excited energies, and becomes stationary until its course is run out. And as all the processes of life are not infringed upon by this superadded derangement, and it, as it were, exists under an associated arrangement with all the natural functions, so it is well for the patient if this local manifestation does not attack parts that are essential to existence. When the excitability of the complaint has been roused into action, it will display its character until it is subdued, either by the change which years may cause in the constitution, or by the fulfilment of that period which limits its power, a period which it is not unreasonable to attribute to it. We find that if the constitution be relieved from one local affection by an operation, or the erroneous

interference of surgery, this effort to go into action will quickly seize upon another seat to exercise its persisting power. I have no hesitation in saying that the removal of scrofulous limbs, when the patient has appetite and sleeps well, is far from maintaining the scientific character of the profession. I have been impressed with the greatest regret at so often being unable to persuade mothers who have consulted me for inflamed cervical glands in the persons of their daughters, that if an evil is to be attached to them in some form of this complaint, they should be contented that a daughter may be preserved to them at the expense of some disfigurement in the neck of the young lady. *And I regard it as a fact, that by the complaint fixing in these parts, there is a reasonable assurance that the lungs may continue free from disease.* It has happened to me to know a family of young ladies, where one, in whom the glands of the neck suppurated, remained afterwards in good health, whilst the sister (who was free from this symptom) died of phthisis.

This condition is daily seen at school-houses, cases in which, when the external action of the glands had subsided, the patients became invariably attacked with internal disease, more especially that of the lungs, and it has been my practice of late years to disregard all local attention to the part affected, and to direct all my care to the improvement of the constitution.

As the absorbent glands, particularly those of the neck, seem to be when inflamed the safeguard of the lungs, so I believe this sanitary influence is more apparent when they are in an active than in an indolent state. It must be a common observation that there is very great variety in the degree of activity with which the suppurative process advances in these glands; and probably the lungs are under less security when the glands are slightly inflamed than when the peculiar scrofulous influence is active and energetic. Indeed, it is consonant to what has been before noticed, that the mutability of its seat is most common when its local manifestations encroach but slightly on the natural structures of the parts in which it fixes.

As we assume that all scrofulous complaints are but an expression of that state of constitution which we understand by the term scrofula, so it must of course be true that the condition of scrofula being supposed to exist, the manifestations of this state may be brought out by contingent circumstances, as well as by spontaneous evolution.

The scrofulous affection which indicates most decidedly the limitations under which the manifestations of the complaint exist, is the enlargement of the tonsils. These cases are more common in the female than in the other sex, and are rarely found after thirty years of age of any troublesome size, however large and embarrassing they may have

been at more early periods, particularly in that of childhood. I have seen very many exceedingly enlarged tonsils, producing the greatest annoyance in patients at fifteen or twenty years of age, which have gradually shrunk or assumed the natural size by the time that the subject had arrived at the age of thirty. *If we consider the great utility of these glands in secreting a mucus of a peculiarly lubricating kind, so valuable in the economy of deglutition, I cannot regard it as good practice to remove these parts so unsparingly as I have known to be often done.*

There appears to me great caution always required in the management of absorbent glands when inflamed, or in a state of irritation; but this discretion is still more necessary to be observed when the affection is a manifestation of scrofula, although a remarkable difference exists between the scrofulous affection and the inflamed state of glands from other sources of excitement. The absorbent glands inflamed from ordinary causes have, except in very robust persons, a most depressing effect upon the powers of the constitution; whereas the scrofulous attack seems to call forth no sympathetic and lowering state. But they sympathize most readily with the slightest irritation of the surface in their neighbourhood. If anything more particularly can excite absorbent glands, it is irritation of the skin. The surgeon does not find in his operations, where

the integument is fairly cut through, that the absorbent glands are irritated; but he knows full well how much and how readily they are irritated by a slight abrasion of the cuticle."*

Having now traced the mucous membrane through its various ramifications, scil. as affording a covering to the *vclum pendulum palati*, as also to the tonsils and uvula, and then its distribution to the pharynx, its entrance into the Eustachian passage, its giving a lining to the tympanum, the *membrana tympani*, etc.; having touched also on the various appearances which this membrane presents when diseased, we now come back to the tonsils, and consider more particularly what line of treatment is to be adopted when these bodies have become the seat of disease, more especially that of enlargement, and what there is in either their structure or in their pathology which can call for any particular mode of treatment different from the treatment indicated in affections of other glandular bodies. Dissection shows us that, in chronic enlargements of these bodies, the direction they take is downwards and forwards, and consequently, from the considerable distance they are removed from the aperture of the Eustachian tube, it is impossible they should offer any obstruction to the ingress of air into that tube, and it therefore follows that enlargement of these bodies can *per se* have no

* Vincent.

relation whatsoever to impaired audition. What advantage is gained, therefore, by removing the enlarged tonsil? Do we thereby increase the facility of entering the Eustachian passage? My experience induces me to think not. We have in another part of the work adduced Kramer's testimony on this important question, where he denies most positively that enlargement of the tonsils can interfere in the remotest degree with the function of hearing.* I am enabled to say, from my own practice in the Dispensary, that no greater disappointment can or will be felt, than by the surgeon who undertakes the apparently trivial and easy operation of removing the tonsils, in the hope of relieving deafness. As I have already stated, these glands bear no relation whatever to the aperture of the Eustachian tube, and their enlargement serves but to place them at a still greater distance from such aperture. With respect to the line of treatment which I would recommend in cases of enlarged tonsil, whether such tonsil be hypertrophied or indurated, I would in the first instance administer the bichloride of mercury in small and divided doses, combined with tincture of rhubarb and of bark, to be taken at bed-time; I also advise tincture of colchicum (the wine of the seeds) internally; enjoining at the same time an external application of the colchicum, combined with soap liniment, to be rubbed on the

* See page 21.

neck. There are cases, as already stated, of tonsillar enlargement in which much benefit has been derived from the internal use of cod-liver oil. This treatment, however, seems more particularly adapted to cases where a decided scrofulous character predominates. This condition, I think, prevails more in children under puberty, and in whom the health is very much below the ordinary standard.

No single remedy can be relied upon, nor do I hold out any specific power in colchicum as a panacea; but of all those medicines that have been recommended for the discussion of these troublesome glandular affections in a chronic state, I think it will be found the best. But as the change of the constitution is to be promoted, I have found also a change in the remedy sometimes necessary, the habit approaching very much that of the scrofulous diathesis; of course all means adapted to amend that condition should be employed.

I have long since thought, from many specimens of these diseased tonsils which I have examined after extirpation, having had also the opportunity of investigating their history, that their contents resemble very much those concretions found in the joints of gouty and rheumatic patients, and hence it occurred to me that these concretions might be amenable to the same mode of medical treatment, and the control of the same medicine, viz., *Colchicum*, as the gouty concretions themselves. Expe-

rience has fully borne me out; for in the public establishment with which I am connected, very many opportunities occur which verify the correctness of this my opinion.

Enlargement of the tonsils is sometimes accompanied with enlargement of the sublingual and parotid glands, as well as of several glands about the angles of the jaw. I have in the course of this work cited (see p. 32, *et seq.*) a case in which the tonsils were removed with the expectation of giving an impetus to their absorption. The tonsils, however, sometimes grow to an enormous size, and are sometimes found, on a *post mortem* examination, to contain a gelatinous substance, thick, ropy, and sometimes mixed with white concretions; they appear to occasion no pain, nor inflammation, if left untouched. I have seen such tonsils extirpated without any advantage—on the contrary, with marked disturbance of the entire system.

These cases are presented to my notice continually, both in the adult and child; and among them I can scarcely recollect one where the tonsils were extirpated, in which the inconvenience of the patient was not greatly increased, and the disease itself much aggravated; in these cases, I have but little hesitation in saying, that had the constitutional means recommended by me in the course of this work been adopted and persevered in, not only would the enlargement of the tonsils have been

discussed, but the deafness itself alleviated, if not entirely removed. Such errors are so commonly and so heedlessly committed, that they may be considered to have become contagious; there are persons who are urged almost instinctively to follow the beaten track, more especially when such track has been chalked out by those endowed with weight and a sort of authority. I beg leave to address these remarks more especially to those who may not have had the opportunity of witnessing the results of such treatment. This is a point of practice which I do not believe has ever been clearly pointed out.

By the bye, another defect for which removal of these bodies has been most strangely and unaccountably suggested is defective utterance. Now, how such an expedient for removing that painful and distressing condition could enter into the head of any one, I cannot conceive. That removal of these bodies will produce a modification of the voice, I have abundant proof; but what it can have to do with articulate speech, I am wholly at a loss to see. I have at present under treatment several patients whose voice has been materially injured by this operation, and whose blind credulity led them to expect much from it. In so painful and distressing an affection, one cannot be surprised that any measure holding out a hope of such speedy relief should be eagerly grasped at. When the gland,

which in these cases is enormously increased, is *freely removed*, the discomfort occasioned to the patient by the loss of its normal secretion, the difficulty of deglutition, arising, perhaps, from the atrophied condition of the pharyngeal muscles, the deterioration of the voice probably from the same cause, the interruption, too, occasioned to the normal conduction of nervous power to the part—all decide me in preferring to recommend a patient to trust to the tedious and lengthy process of submitting to a rational and well-regulated mode of treatment, rather than submit to an operation, the result of which is, to say the least, so very equivocal and uncertain.

I trust in what I have now said I shall not be charged either with an affectation of novelty or with a wish to throw into the shade those who may hitherto have abetted excision. The very great frequency of this operation is what I would most eagerly deprecate. The instances of individuals who have submitted to it, complaining of great discomfort, as resulting therefrom, are numerous beyond belief. Once, again, I would refer to the important sympathies subsisting between these glands and distant organs, and referring to the pathological nature of the enlargement of the gland, and to the class of disease to which such enlargement belongs, I would sincerely recommend an appeal to be made to the same remedial treatment

here as is employed, and so successfully employed, in affections of the same class. *En passant*, I wish here to observe, that simultaneously with this enlargement of the tonsils we frequently find follicular enlargement of the entire mucous membrane in the neighbourhood—nay, this same follicular enlargement extending even to the Eustachian tube itself—all plainly showing that the deafness which accompanies tonsillary enlargement, and which is erroneously considered as a consequence of such enlargement, is but part and parcel of the same diathesis which produces the follicular disease, and consequently demanding the same mode of treatment—viz., constitutional.

Mr. Vincent appositely expresses himself on this subject:—"I am convinced of the salutary effect of sea-air upon scrofulous diseases. I think it will be allowed that there is a striking difference in the ordinary effects of this air over that of inland places, as I know the careless exposure to it does not bring the train of complaints which are included in what are called colds. I attribute the great benefit which the sea-side produces in cases of scrofula, to the saline particles with which the atmosphere is charged, and with which the surface must be continually in contact, producing a healthy stimulus to the body; at all events, the influence of the sea-air over scrofulous complaints is most unequivocal.

We find, also, that slight hurts, such as bruises

and excoriations, will heal much more readily at the sea-side than elsewhere. It must, however, be borne in mind that one summer's residence at the sea-side does not often prove the value of the remedy, and that it may be requisite to pass two or three seasons in this manner before the patient derives permanent benefit. The influence of sea-water has also a striking effect; by altering and improving the condition of the surface of the body, it adds vigour to the circulation of the skin, and renders it more than usually sleek. I must not omit the hard brush as a very useful auxiliary in the adoption of means for relieving scrofulous complaints, as it is a remedy well calculated to keep up a healthy state of the surface of the body. The surgeon, in inspecting, as he is called to do, patients in all classes of society, cannot fail to observe the advantage the hard-working poor, when not worn down by sickness, have over the rich: we find their skin, when clean, smooth and healthy. When we view the various circumstances arising out of the state of the atmosphere injurious to health, and see a large class of mankind, such as labourers in the fields, soldiers, and sailors, who often carry on their occupations exposed to all the variations of the weather; and compare this scene with the great care the well clad and luxurious take to guard against the slightest catarrhal complaint, we must feel that if the positive nature of the classes do not differ, there must

be some counteracting causes to protect the lower orders. It is in this very labour that they possess a safeguard for the protection of their health; for the great friction of the skin which the clothes of workmen produce on the surface of the body insures to them the power of resisting many of the deleterious influences of cold and wet. The hard-working man, if he avoids irregularities in living, may, with all his privations, enjoy a good share of health and long life. I think the use of the brush is very contributory to the preservation of health, and that it has a singular efficacy when employed in scrofula.”*

SCROFULOUS SORE-THROAT.

In the 26th volume of the “Dublin Journal of Medical Science,” Mr. Hamilton, among his cases of hospital practice, states, that he observed of late several cases of sore throat, which, judging from their particular characters, their long duration, and

* “It is now well known to all experienced and scientific physicians, that chronic functional diseases of long standing can only be thoroughly cured by such general and comprehensive means as act on the whole system, and for a certain period of time influencing the nutrition in its source, not merely by the supply of wholesome elements, but by keeping the nutrient function active and vigorous over the entire fabric, by an agreeable distribution of blood and nervous influence, and consequent energetic action of all the secreting organs.”—DR. FORBES’S *Physician’s Holiday*.

their resistance to treatment, seemed to constitute a form of this disease but little understood. According to him, this affection is connected with the scrofulous diathesis, and presents itself under two forms, which may be isolated or combined, the *mild form* and the *severe form*. In the former there is a sensation of pain and dryness in the throat; every morning, when the patient gets up, he detaches with difficulty, and spits up crusts of bloody mucus. The posterior part of the pharynx is covered with a greenish slimy matter, and when this coating is removed, the mucous membrane is observed to be of a dark-red colour, and granulated on its surface. If the symptoms are of long duration, or more intense, an ulcer is discovered more or less extensive, (the lower edge of which often cannot be perceived even by depressing the tongue very much) with irregular edges, not deep-seated and uneven, covered here and there with granulations, and covered over with a slimy, muco-purulent matter, of a greenish yellow colour. This affection does not always produce any pain, but it is often coincident with disturbances of the constitution, a yellow colour of the skin, general emaciation, and acceleration of the pulse. We find it sometimes coincident with phthisis pulmonalis. The ulceration is not always confined to the back part of the pharynx; it may extend to the pillars of the soft palate, to one or two tonsils, but more frequently only to one.

In the *severe form*, whether the preceding symptoms are observed, or the pharynx presents no alteration, the ulceration is deeper, and attacks the soft palate, a part of which it destroys, the uvula for instance. In one case, where the disease was of six months standing, the posterior part of the pharynx was covered with a greenish slimy matter; there was a wide, deep, irregular ulceration, which had destroyed a part of the soft palate, and of the palatine vault: the little finger passed freely through this opening. The quality of the voice was much less altered than one would have supposed; but the uvula, which was detached and hanging in the throat, was constantly exciting cough; and when the patient attempted to swallow, fluids passed into the nasal fossæ. In general, this severe form does not give rise to much pain; there may, however, be a great deal of it, for instance, very acute pain towards the ear, when the inflammation extends along the Eustachian tube. There is also another symptom which sometimes shows itself; and that is a very great sensibility of the skin of the cranium; this sensibility has its seat in the vertex and occiput, and is produced on passing the comb through the hair.

I have been at some pains in collecting evidence in respect to this hypertrophical condition of the tonsils; some, I have found, dated from childhood, and had existed for years, and had never been

accompanied by induration. It is this peculiarity of structure which so often gives rise to the impaired hearing on any seizure of cold, and for which they have been so unceremoniously removed. It is not uncommon, however, to find some, from chronic inflammation excited in them, for a time become indurated, a condition very much resembling scirrhus in its hardness, but, when removed and examined, generally found filled with phosphatic concretion. This degeneration, in fact, I believe, to be very rare, as I cannot find a specimen of such altered structure in any collections I have examined, which, as I have before hinted, is very much under the controlling power of colchicum, which not only reduces their size, but in a great measure remedies the altered condition of the mucous membrane of the throat.

Having alluded to the tonsil and uvula as a part only of a diseased condition of the mucous membrane, and having shown the inutility of its extirpation, I will just observe, that it is sometimes excised with the view of enlarging the entrance to the Eustachian passage; now this, I think, is shown not to be the case either as to the position of the Eustachian tube, or, in fact, as to the growth of the diseased tonsil; and the only cause I can at present see giving us the slightest uneasiness as to a complete closure, is from ossification, the next from sloughing and

ulceration of that part crossing the entrance of the tube; the closure in the more ordinary cases is but temporary, from simple swelling of the lining membrane, and by far better treated constitutionally than by instrumental means.

What advantage do we gain from the removal of the enlarged tonsil? Do we thereby increase the facilities of entering the Eustachian passage? and, if so, what benefit can be expected from catheterizing a tube which is already the seat of a diseased action. Cases are continually brought under my cognizance in which the catheter has been used for more than six months, two and three times a week, without any good effect. Some of these individuals subsequently came under my observation, and were very considerably relieved from having a course of constitutional treatment adopted, instead of that which had been previously practised, viz., that which was purely mechanical. I am free to confess the difficulty attending the treatment of these cases, and the slow progress made towards a cure; but after having investigated with much care the nature of this deafness, which it has been so much the custom to attribute to mechanical obstruction of the Eustachian tubes, dissection has shown us that such obstruction by no means exists merely in that part of the tube which the catheter enters, but is more fully developed throughout the middle ear. Cases are

not wanting where this condition of parts can be shown which have been accompanied by chronic enlargement of the tonsil.

We scarcely pass a person in whom some of the changes alluded to as occurring in the uvula, do not present to our notice the œdematous condition after catarrhal affections and elongation, but in whom, however inconvenient this may appear, the smallest portion only requires removal; total truncation I have seen causes all the distressing effects before observed, and occasions great inconvenience by the food irritating the posterior nares.

The great objection I have found in many cases to excision of these enlarged glands is its embarrassing nature, as well as the occasional difficulty of performing the operation, particularly in young people; and in irritable states of the throat it, as I have before observed, predisposes the patient, if young, to bronchial irritation and cough, on the least variation of temperature. These results were noticed by Laennec, and I find observations very like to them made by Rokitansky — viz., that glandular swellings or any stoppage to the free aëration of blood was a preventive of tubercular deposit; this I have seen so often arise in school houses, where external glandular diseased action had been actively treated with the view of cure, that I have of late followed very much the view laid down by Dr. Vincent—viz., that while

the external glands were enlarged and active, we might feel satisfied that the internal action was at rest; it would therefore appear that much caution was required ere we exposed the patients to such operations; in fact, they may almost be said to be a safety-valve to other progressive actions on the lungs.

This inflammatory action or granular condition of the mucous membrane of the pharynx may be subacute in its character, or it may become more active, and, as a general rule, always accompanied with impaired hearing, according to its gravity, but often in its most acute form there is only a little hoarseness, and the other concomitants of a common sore throat, but with less of that pricking pain, less fulness of the tonsils, less stiffness of the jaws, and less feverishness of the general system than usually accompany common inflammatory sore throat. The fauces, however, with the velum, the root of the tongue, and back part of the pharynx, are both red and swollen, the mucous follicles enlarged, and the secretion from them thin and scanty. Sometimes with the diminution of the secretion it is more frothy and adhesive than usual, producing a feeling which excites the patient to be continually hawking it up. This active stage of the malady is often confounded with common inflammatory sore throat, and the patient will refer to this or that occasion as having given him the cold which he supposes has produced it.

After this state has continued for a longer or shorter time, the inflammatory action will either cease or assume a chronic form, lingering about the mucous follicles, and the type which the malady will take will greatly depend upon the state of the digestive organs and the general healthiness of the system. If the health be tolerably good, or the dyspepsia from which the patient suffers be of a mild character, there will only result from this previous state of inflammation slight effusion into the contiguous cellular structure, from which the whole throat will become pale, flabby, and relaxed. The hoarseness may or may not remain, but it is usually very much diminished, while, on the contrary, the effort required for continuous speaking will be considerably increased. If the throat be inspected, not only will the uvula, velum, and back of the pharynx appear pale and doughy, but here and there an enlarged vein or capillary in a state of congestion will give the parts a streaky appearance. The uvula is not only elongated, but sometimes œdematous, and the tonsils swollen. The mucous membrane lining the trachea and larynx, and the vocal cords, also, are doubtless in a similar condition with those parts of the throat which can be seen. This condition is often seen in females in whom a chlorotic and deteriorated health may be dated from an attack of influenza; it is accompanied with distressing noises in the ears, and impaired audition, the

patients, after a short time, recover, on the exhibition of iron in its various forms; these cases probably arise from congestion; I have before alluded to them, and observed that the mucous membrane has the appearance as if absorbed in some places, in others raised in patches.

In the affections which we are now considering, influenza, as has just been noticed, is a very important agent, particularly during the autumn and winter months, producing disease in the throat, and, as a consequence, deafness in either one or both ears. This affection more frequently exhibits a rheumatic character, and the structures of the ear are particularly subjected to its aggression; the membrane becomes sometimes dry and sometimes granular; this appearance is continued up to the internal lining of the tympanum, after having produced a thickening of the sides of the pharynx, and frequently enlargement of the tonsil. The same consequences are observed to take place in the scalp and pericranium, and perhaps even in the meninges. But as the attack is generally attended with an asthenic condition of the constitution and great debility, we are precluded from treating it more actively than by blisters, or the colchicum, the latter to be applied both locally to the part most affected, and to be given internally also; I have also known otitis to occur, and sometimes abscess to form in the glandular system, more frequently in

the parotids, producing great pain over the head, with tenderness of the pericranium, and accompanied by catarrhal and laryngeal irritation in the chronic form: when the patient experiences a dryness of the nostrils and soreness of the throat, accompanied with a dry cough, and pain of the ears of one or both sides, then it is our attention is more particularly called for.

This condition now described is attended with considerable dulness of hearing; it may occur suddenly, or come on very gradually, during the course of the influenza attack, affecting one or both ears, until it arrives at so high a degree, as to occasion considerable inconvenience to the patient. It may so happen that one ear only suffers, the other not participating in the diseased action. Noises in the ears are present during the whole course of the disease, which often continue to distress and harass the patient for some time after the convalescence. This symptom, however, does not necessarily indicate any serious or unfavourable change in the structure of the organ, whilst the symptom may be referrible to chronic inflammation about the fauces and soft palate; they appear swollen, and the uvula considerably relaxed.

The indications of treatment appear *better* carried out by the exhibition of colchicum, both externally and internally, and by warmth to the head. There is an exacerbation ordinarily towards evening, the

affection assuming a remittent character. The disease so much resembles rheumatism in its paroxysms, that without objecting to the treatment ordinarily adopted for that affection, I cannot help observing that in the treatment, both as respects the ears and the throat, the colchicum combined with quinine is the only remedy we can rely upon, exhibited both internally, and externally in the form of embrocation.

I have for some time relied upon the wine of the seeds, and given it for a continuance in small doses, never exceeding five drops, three times in twenty-four hours. The granular appearance of the mucous membrane is tedious in yielding, but the most troublesome symptom, and one that continues most obstinately to distress the patient, is the noise in the ears, the most effectual remedy for which I have found to be the colchicum. As the normal condition of the membrane returns, so also will the audition. It is at this period we are more perhaps induced to look to the Eustachian passage, as the only means to relieve our patient. But in so far as my experience has been directed to this point, a much greater reliance can be placed upon the constitutional treatment than upon either local or instrumental interference; instrumental aid being deemed as a dernier resort. As I shall allude to this practice ere long in a more detailed form, I will only refer to this fact:—In a communication I had the

honour of reading before the Medical Society of London, on rheumatism affecting the ear, and its consequences to the organ, I therein stated that in these cases much benefit might be derived by such treatment, and more particularly when we had evidence of any chalky concretion forming in the meatus, which is not uncommonly the case, as may be inferred from analogy and the nature of the internal structures. I find the same observation has been made since by Dr. Garrod, in a valuable communication upon "Gout and Rheumatism."*

In the employment of colchicum, I feel myself borne out by facts in supposing that the medicine operates chemically, by effecting some change in the alvine and urinary excretion, and the quantity and quality of both of which it evinces a tendency to increase; and, in the next place, its action seems directed more particularly to the nervous system. When it is given in considerable doses, its effects must be carefully watched; if the constitution of the patient is weakened by previous disease, we must not give it without either a tonic or an opiate; it may be as well also to have the bowels freely acted upon. At first, a continuance of its exhibition for some length of time in minute and repeated doses has been found extremely beneficial in chronic affections of the ear, supposed to be of a rheumatic origin; if it produce nausea or vomiting

* See *Lancet*, April, 1850.

it is by no means beneficial in its results; if the skin secretes freely, which at all times should be encouraged, it is particularly serviceable. The preparations in which I principally confide are the wine of the seeds internally, and the acetous extract, combined with spermaceti, externally. The colchicum wine combined with bitter infusion, in small doses, as five or six drops in chronic cases, may be continued for a long period; in acute cases, however, half a grain of the acetous extract, combined with calomel, in two or three-grain doses, three times a-day, until ptyalism is produced, has been found particularly beneficial.

In these cases I have generally observed deafness, ear and headache, together with pain over the brow, and almost constantly over one or both ears, and sometimes with rheumatism in the joints of the side most affected.

With respect to the mutilation of the uvula, I would take the liberty of suggesting that, from its vast importance in the functions of articulation and respiration, more especially the former, practitioners should be very chary in maiming the organ, or in impairing its power. Occasions I know may occur where a great inconvenience is occasioned by irritation from its elongation; in such cases, the removal of only a small portion of it may suffice; but in truncating an organ of so much importance, the utmost consideration is re-

quired, as will appear from the following case, which is by no means a rare one, and as it is recorded by a gentleman of known powers of observation, I shall here insert it, as pointing to the indispensable necessity of treating such cases constitutionally, and not locally by excising a part which, however trifling in its appearance, is of the utmost consequence both as to articulation and respiration.

“Some of the first of these changes,” observes Dr. Mackness, “are the elongation and enlargement of the uvula. If the uvula be elongated, partial excision of the organ almost immediately gives relief. It is no unusual thing for the uvula again to grow and regain its former length, even after the operation; and herein we may remark the wonderful provision of nature for the renewal of an organ so important to the functions of articulation and respiration. In my own case, says an intimate friend of mine, Sir B. Brodie fifteen years ago took off almost two-thirds, or rather more, of my elongated uvula, which gradually recovered its former size, and again became inconvenient, by irritating the glottis; and a few months ago Mr. Aston Key once more removed it, I may say, *in toto*; but I find, at the present moment, that nature is making vigorous efforts to reproduce it by way of outrigger or jury-mast; and that, without any apparent diseased characteristics beyond the tendency to luxuriant growth. Several other cases besides this I have lately witnessed of a

similar description, and I am of opinion that the increased action of the velum palati in the moment of swallowing, in order to make up for, and compensate to the fullest extent, the absence of its temporary appendages, thus urges the mutilated parts to shoot forth, and once more to form an adjuvant to the process of deglutition."

The same observing physician remarks on his own case, that the last excision of the uvula was followed by a considerable inconvenience in the act of deglutition, particularly in swallowing those fluids which contained any portion of solid mixed with them.

DEPENDENCE OF SPEECH ON THE FACULTY OF HEARING.

It may not perhaps be deemed irrelevant here to consider some of the affections of the speech which seem to be more or less dependent on the organ of hearing.

The effects of deafness, as well on the *physique* as on the *morale*, are infinitely more marked and more striking in the deaf person whose infirmity dates from his birth, or at least from the early period of existence, than when it comes on after the organs have acquired their full development. The intimate connexion between the faculties of hearing and of speech must appear most obvious, when we consider

that the child learns to speak by the power he has of imitating those sounds which he is in the daily habit of hearing; whence it follows that the functions of the organ of speech being entirely subservient to those of hearing, when the organ of hearing discharges its duties imperfectly, the organ of speech must also discharge its functions but imperfectly; in fact, as we hear, so do we strive to speak; and it is from the power we possess of imitating the sounds which we hear, that the power of speaking is derived.

When the deafness is congenital, or commences at a very early period of life, it has the effect of throwing the individual affected with it into the melancholy state of moral isolation, draws with it in its train either imperfection of speech, as has been already observed, or absolute mutism, and as a necessary consequence, an incomplete development of the intellectual faculties. Those whose deafness is not entire, succeed in pronouncing some words by dint of great exertion and care; but their voice, imperfectly articulated, destitute of everything like modulation and euphony, forms merely an assemblage of words badly associated, expressive of incoherent, and never of abstract ideas.

Deafness and dumbness combined raise between the deaf-dumb and the intellectual world a double barrier, which prevents, on the one hand, his ideas and sensations from reaching us; and, on the other

hand, our ideas and sensations from reaching him; one only means of communication remains—viz., vision; but society—nature are, for the deaf-dumb individual only a spectacle, of which no voice can afford him any explication; in him the imitative faculties are alone cultivated; he is a being who presents externally the manners of a civilized being; whilst internally he evinces the barbarism and ignorance of a savage—he is the passive witness of all that surrounds him, when he experiences no sensation of pleasure or of pain purely physical. The instability of human life is to him an idea perfectly foreign. Ever isolated from society, he alone can take no share in the interests of country; he is distrustful and credulous, and therefore easily deceived and in a state of demi-infancy, obviously calling for the attention and care of the legislator.

If he is deprived of a number of advantages, he has at least that of being exempt from a multitude of prejudices and of idle terrors, which worry and trouble our social existence.

Having so far glanced at the moral circumstances and the moral disadvantages in which a deaf-dumb person is placed, we may now consider briefly the physical causes of this melancholy deprivation. It too often happens that children come into the world totally deprived of hearing. However, it is not always so; in the early stages of life changes may supervene which will occasion deafness, the child

having been born with the organs fully formed. Then the disease is no longer congenital; but as it is impossible to ascertain primarily the existence of the function; as dumbness, besides, is as well the consequence of deafness which has occurred in the early months of existence, as it may be of an original or congenital deafness, we are compelled to confound these two varieties under one and the same denomination.

All the causes of deaf-dumbness are not well known; the researches of pathological anatomy recently made by Itard, Kramer, and others, have shown that there are sometimes met in the deaf-dumb the same changes as in cases of acquired deafness. It seems to us a positive fact, that there may be obstruction of the Eustachian tube, of the cavity of the tympanum, destruction of the small bones, and perforation of the membrana tympani. Itard met, in some cases, vegetations, concretions, in fact, a substance resembling chalk, in the cavity of the tympanum. In another case, the stapes was found absent. But if the cause of congenital deafness is appreciable in some cases, there are several cases where it is not so; and we are forced to admit here abnormal states of the labyrinth, of the acoustic nerve, and of the brain itself, which escape and baffle all our minutest investigations, and which remain inaccessible to all the appliances of therapeutics.

We know that the child learns to speak by reproducing the sounds which he hears daily; the intelligence also is favourably disposed to this process in the early stages of life. If, then, the ear do not seize the sounds of the speaker, the mouth cannot reproduce these sounds; and this fact affords the simple and obvious reason why dumbness necessarily follows deafness; and if at a more advanced age we happen to restore by any means the faculty of hearing, entirely or in part, the intelligence is no longer so favourably disposed to the repetition of speech; this is what renders it so difficult to educate the dumb after their hearing faculty has been restored or improved.

Müller, in his physiology, thus connects speech with the faculty of hearing: "the formations of perfect vocal tones pre-supposes the possession of the sense of hearing. It is only with the greatest labour that individuals born deaf can learn to utter a series of harsh sounds. The deaf and dumb owe their want of speech to their deafness: they can by great labour learn the movements of articulation by means of their sight: but their speech is never more than a series of harsh sounds, not adapted for human society, for they want the sense of hearing to regulate their articulation. There is no nearer medium of connexion between the faculties of speech and hearing than the brain, and it is not evident how nervous communications could be of use to

either organ. The connexion of the facial nerve with the lingual branch of the fifth can have no influence on speech or hearing; for the facial nerve has nothing to do with hearing: the lingual branch of the fifth nothing to do with speech."

Hence, then, the deaf-dumb person is one who is dumb only because he is deaf; or, in other words, he is incapable of using language, the sounds of which he has never been able to hear, and consequently never could attempt. The senses of sight and hearing are no doubt the two most important channels by which knowledge is acquired—a deprivation of the latter would seem perhaps on a cursory view to be a less fatal impediment to the acquisition of information, than the former; but when it is considered that a want of the sense of hearing involves with it the loss of the principal medium of mental intercourse, language, it becomes evident that the bar to intellectual improvement is by such a deprivation doubly augmented. Hence it was deemed utterly hopeless to attempt any relief for the deaf and dumb, as being persons cut off by nature from the acquisition of knowledge; hence they have been abandoned to a state of mental destitution, as though no remedy was left, it being considered, that

T' instruct the deaf no art could ever reach,
No care improve them, and no wisdom teach.

It has, however, been proved satisfactorily in

modern times, that the above opinion is erroneous, and that it has arisen from a superficial or mistaken view of the means by which the mind acquires the knowledge of language, and of abstract or general ideas, when the senses are perfect.

Before terminating this subject, we may observe, that there are several degrees to be noticed in deaf-dumbness. In the first degree the deafness is not complete; speech may be heard, but it must be slower and louder than usual; we are obliged to speak more directly and more specially to the child; dumbness then is incomplete, as the deafness. In a second degree there is simple audition of the voice, and a possibility of distinguishing only articulate sounds. In the third degree only inarticulate sounds are caught. In the fourth, deafness is complete—no noise, unless perhaps the loudest, can be perceived.

Thus we see that dumbness is always proportioned to the degree of deafness; and as the intelligence is developed more especially by correspondence with our fellow-beings through the medium of speech, it is necessarily imperfect in the unfortunate deaf-dumb. Not uncommonly idiocy accompanies deaf-dumbness. Condemned by his infirmity to a species of isolation, the deaf-dumb often remains in a state of semi-infancy: he seems incapable either of a permanent attachment or of a lively gratitude; he has but little enjoyments, and but few desires.

Still, contented in his misfortunes, the deaf-dumb is not aware of his wretched position—he appreciates not the value of a good he has never known.

Kramer says, that the problem whether deaf-dumbness be curable, is practically as yet unsolved; inasmuch as hitherto no single deaf-mute has been cured, that is to say, has been rendered capable of communicating, like a person who hears well, with his fellow-men, in an unrestrained manner, by means of hearing under all circumstances.

A deaf-mute can learn to read and speak perfectly without hearing even a single tone; so that the only true test of a deaf-mute, is his being able to converse with a stranger as well without the aid of his eyes as any person who hears well is daily in the habit of doing.

CASES.

Mr. Tesana, aged twenty-seven, a foreigner, after a severe attack of scarlet fever, came under my care for discharge in one ear, and inconvenient dulness in the other. The examination disclosed on the side of the discharge, an aperture in the membrana tympani, and considerable thickening of the mucous lining of the meatus; enlarged tonsils on both sides; the pharynx was equally in a diseased condition. As he was of a scrofulous habit, and considerably weakened by the fever, I at

once dissuaded him from attending to the tonsils, and advised the improvement of his general health, although, as the tonsils were observed to produce some altered condition of the voice, he was recommended to have them extirpated. This gentleman was put under a course of medical treatment, and more particularly quinine, with an external application of the colchicum, with considerable advantage: the absorption of the tonsils followed after a time, and he recovered his usual hearing on the side the membrane was left intact. No mechanical interference was adopted during the treatment.

Miss Susan P——, aged fifteen, I had the advantage of seeing early. She was attacked with pain in the right ear, after a seizure of sore throat; I ascertained from her parents that she had the tonsils removed twice, with the view of preventing the attacks in her throat, but “on each occasion,” observed her parents, “they appeared to grow again, and if possible larger, at least to cause considerably more inconvenience;” this I have observed to be the case in persons of a strumous diathesis, or after any severe attack of the eruptive fevers: and when it takes place, it requires prompt medical treatment directed to the constitution; if the glands be permitted to become hypertrophied, and to remain for many years without treatment, their size becomes at least considerable, and produces the many inconveniences which have been before alluded

to, and for which they are so often extirpated; this, I would say, as a rule, may be avoided—the occasional cough and sore throat are clearly in this case to be attributed to other remote constitutional causes: for on each time the glands were removed, they became more aggravated. These facts prove the necessity of reducing the tonsils early by a tonic regimen, and not allowing them to remain stationary. The remedy upon which I depended here was the nitrate of silver kept steadily pressed against a particular spot of each enlarged gland for some seconds, and repeated after a few days on another part, with at the same time a recourse to the tonic medicines externally; she had the colchicum and a salt-water bath every morning; her general health was established, and with it the gradual absorption of the glands; the plan adopted was carried out for five months, ere it could be said that they were reduced in size, and this is the case generally when so enlarged; the process is usually very slow.

Mr. —, a professional singer by occupation, and a teacher of music, states, that seven years back he was advised for some impediment in his speech to have his tonsils extirpated, which was done; they had been enlarged for years; in fact, since a severe attack of scarlet fever; they did not inconvenience him further than that at times after great fatigue in singing, he would speak a little thick. They were freely removed, as can be seen at

present. In this case, the roof of the mouth appeared quite vaulted, the muscular structure much atrophied, and his voice, from being one of great power before, is now almost gone; the difficulty in deglutition is very great, and, after talking for some minutes, his power of swallowing appears to require the muscles of the face to assist it. It has fallen to my lot to see several cases of this description after extirpation of the tonsils has been performed for some years; they almost all resemble the one I have detailed.

Mr. Slater, aged twenty-three years, came under my observation in the course of last winter;—he states, that six months previous he had attended a gentleman for the relief of an otorrhœa, accompanied by enlarged tonsil and thickening of the side of the pharynx, resulting from an attack of influenza. The treatment adopted was the introduction of the Eustachian catheter twice, and sometimes three times a week, when the irritation of the nostrils &c. would permit, which were much inflamed, and bled for some hours after the introduction on some occasions; the discharge continued unabated, and his constitutional powers being much disturbed, he consequently abandoned this treatment. In the examination made on his application to me, and on several occasional visits after, I could not detect any breach in the membrana tympani; this was thickened, and inflamed, and his tonsil

much enlarged, and the side of the neck and head in great pain towards evening, the discharge evidently progressing from the altered character of the mucous surface. The Eustachian canal was found to be pervious:—an astringent gargle was directed; his health was invigorated by quinine with colchicum; this course of treatment was pursued for a period of three months; the tonsil subsided with the discharge from the meatus, evidently from constitutional treatment.

Elizabeth Jarvis came under my care at the Dispensary for imperfect hearing, accompanied by large and indurated tonsils; the latter, she stated, she had from a violent attack of quinsy. The examination exhibited a granular condition of the mucous membrane of the pharynx; the tonsil was enlarged and hardened, and rough on each side; the Eustachian tube was examined both with the catheter, and also subsequently by the auriscope;—it was found to be pervious; the meatus externus dry, and the membrana tympani dull, and approaching to opacity around its circumference. She has suffered from deafness for a period of three years, and from noises under any excitement; no medical treatment was adopted for that complaint until the present; she was forthwith ordered to cleanse the throat with warm and cold water twice a-day, and directed to take the bichloride of mer-

cury combined with bark as directed in this work, and externally the embrocation of colchicum; this continued for a month, after which she took the colchicum internally in doses as recommended, and with marked effect both on the tonsil and the throat; the noises she complained of as disturbing her at all times gradually subsided, and after five months the hearing distance was perfect on one side, although on the left it has not regained much of its original power. I may remark that, in this case, I was obliged twice to suspend the colchicum; it produced on each occasion, after taking it for a few weeks, nausea and headache; it was resumed again, after a few days, combined with quinine, and sometimes the guaiacum.

Mr. —, aged twenty-six, of a good constitution, whose case was related to me by a medical friend, having his tonsils considerably enlarged, although suffering no inconvenience, was determined on having them removed; the hæmorrhage was so severe and lasted so long that doubts were entertained whether it would not be necessary to secure the carotid artery. The consequence of the operation was, that from loss of blood he has ever since lost all complexion, and is up to this moment remaining in an anæmic state. This case presents us with an example of the extreme caution that is necessary in attempting the removal of too

great a portion of these glands when enlarged, and shows that the operation is by no means devoid of danger.

Charles Poynder, aged sixteen years, and his brother, two years younger, suffered from tonsils enlarged to so great a degree as nearly to close the opening of the pharynx. The elder labours also under a severe impediment of speech, so as to evince considerable convulsive movements when attempting to speak. In consequence of this affliction he was recommended to have his tonsils removed, which was done, but without the least advantage to his utterance; if the mechanical obstruction caused the impediment, why does not the younger suffer from it, as he, similarly placed, is perfectly free in his utterance, although constantly in the company of his brother?

Mr. C——, a young gentleman, aged eighteen, was recommended to have his tonsils removed, for the relief of an impediment in his speech. This case was related to me by a medical practitioner of some experience, and who has been an attendant upon the family for five years; the removal of the tonsils produced no beneficial effect on his speech, but his voice became much weakened, and his health has suffered occasionally from bronchial irritation ever since.

The following case was detailed to me by my friend, Mr. Stone, of Christ's Hospital. A gentle-

man at college consulted him for deafness; he had enlarged tonsils, but was otherwise in tolerably good health. The treatment for his impaired audition was very tedious; and not succeeding as well as he could desire, he had his tonsils removed, which were very much increased in size. The removal of the tonsils produced no beneficial influence on the audition, but his voice became very much changed for the worse, his difficulty of deglutition appearing to require the co-operation of the muscles of the face in order to assist it. The grotesque appearance in consequence of the effort made to swallow when the muscles of the face are called into requisition, in order to assist deglutition, is striking.

Mr. —, a clergyman, aged thirty-three, after an attack of influenza, which was attended from the first with pains in the ears, on both sides, and sore throat, complained also of an increase in the size of his tonsils, which were before enlarged. This gentleman came of a rheumatic family; he resided in the low parts of Essex. This case I did not see for four months after the attack, and when much had been done for it. On examination, I discovered increased redness of the faucial mucous membrane, and enlarged tonsil, which was granulated in patches; he complains of brow headache and pains over the cranium, attended with very disagreeable noises in his ears towards evening, which

last through the night; the Eustachian tube on both sides open, although their pharyngeal extremity is swollen; on examination, the meatus was found dry; the membrana tympani discoloured and red. As this case was aggravated always on his return to his duty, I recommended him at once to leave for the sea-side, and commence with a course of colchicum. This he took in large doses, in combination with quinine, increasing the dose daily, for a fortnight. A residence at the sea-side considerably improved his health, but his hearing continued the same. This plan he pursued with occasional variation, and without any attempt at instrumental interference for six weeks. The pains in the head gradually subsided; so, indeed, did the noises; on one side the tonsil was reduced, but, as has been before observed, on this side the hearing did not improve, whilst on the other, although the gland remained almost at its usual size, as the health became invigorated, and the membrane of the throat more healthy, so did the hearing also improve.

This case was under my care for six months, and at length was perfectly cured. Considerable relief to the meatus in these cases is found in applying at bed-time the dilute citron ointment. Such cases are not infrequent, and they could be multiplied; but as the above may serve as a type for the whole class, I shall not adduce more.

Miss O——, of Colchester, consulted me for some dulness of hearing on both sides, particularly on the right: states that in the winter she had been seized with influenza, accompanied with rheumatism of the right side of the neck and shoulder. I saw this lady one month after the attack; she then complained of deafness, and I detected a granular appearance of the external meatus; on the left side, the membrana tympani was red and dry; on the right, a mucous discharge, and the membrane altered in colour. She complained of uneasiness about the throat and nose, and towards evening of some increase of pain in the head, over the brow, and constant noises in the ears; the throat appeared inflamed, and the tonsil enlarged on one side; the noises always increasing towards evening. The Eustachian tubes were examined on both sides; no obstruction presented. This lady was directed to pursue a method of treatment consisting of quinine and colchicum daily, for one month, and to gargle the throat occasionally with an astringent gargle. This was continued for some time with the effect of reducing the tonsil, and relieving the inflamed mucous membrane of the throat. The noises above mentioned, and which were extremely annoying, gradually subsided as her health improved. I may here remark that this lady had suffered from noises in the head parti-

cularly after rheumatic attacks, but no deafness until after the attack of influenza.*

During the progress of an attack of influenza, the early symptoms affecting the ear should be attended to; as I have before observed, I have known the attack to be attended with otitis and glandular enlargement, and other well-marked symptoms of ear disease; the ear becomes early affected with noises, the catarrhal affections of the throat extending towards the Eustachian tube, involve the tympanum, and produce the inconvenient discharge from the nose, which is early affected with this diseased action. The treatment in most cases should be chiefly directed towards improving the condition of the constitution. I know of nothing equalling in its power the colchicum, either combined with bark or otherwise; the disease is tedious, and is liable to relapse from time to time.

Tonsil enlarging again, after removal, and permanently relieved by medical treatment.—Charles Belcher, a footman, applied at the dispensary: states that, from his childhood, he had always known himself to have enlargement of his tonsils; they had been removed twice, but had on each occasion after returned; and more so after suffering from rheumatic seizure, to which lately he had been very subject.

* In these cases it would be useless to detail the pathological changes of the membrana tympani occurring from day to day, varying, as they do, after certain intervals.

His history is very interesting, as particularly showing the relation existing between the various remote secretions, and these affections of glandular structures, and particularly the tonsils. He at this time consulted me for a dulness of hearing on one side, with occasional noise in his head, and he being a wine-cooper, I thought it very likely to depend upon some irregularities. This was forthwith prohibited. A course of medical treatment, and more particularly quinine, with the external application of colchicum, was followed by considerable relief; the absorption of the tonsils followed after a time, and a return to his usual hearing.

This case was under treatment for some considerable time, and I had an opportunity of testing the perviousness of the Eustachian tube, which was never found in the least degree obstructed during his attendance.

Mr. —, a professional singer of some station, I see occasionally; he was advised to lose his tonsils in consequence of thickened speech; from the time of his having these glands removed to the present, the state of his voice has never permitted him to resume his profession as a singer, and although four years have elapsed, he has not yet recovered his original distinct and clear voice. The tonsils on both sides were removed, and the mouth is to a degree vaulted, the voice being much lowered.

I have under treatment for deafness two parties,

aged seventeen and nineteen, who were advised to have their tonsils removed. They never having had the eruptive fevers, their parents, forewarned of the dangers such disease brings upon the throat when the tonsils are enlarged, consented to their removal. The result is, that they suffer, to this day, now two years, from this operation, bronchial irritation and cough, on any change of temperature.

Of this class of cases I have seen several. Lately I had mentioned to me another, by a physician who gave me equally the same account from this procedure. The expediency and advantage of removing tonsils, although enlarged, in order to anticipate the occurrence of scarlet fever, are not yet sufficiently explained. It is clear that in such cases disease does not affect these glands in particular, but the whole pharynx.

Charles Jackson, occasionally a patient at the Dispensary, states that, seven years back, he was advised to have his tonsils and uvula removed, for stammering; this was done most effectually, as even now may be observed; although at so great a distance of time, no amendment has followed this operation; he further says, that he considers his deafness, which shortly after ensued, as a consequence of the operation; for months, he suffered from excruciating pain in his ears, and sore throat. In this youth, no morbid obstruction can be ascertained in the Eustachian passage, nor any disease

in the membrana tympani to account for the deafness.

Mr. B—— came under my observation last winter; this gentleman represented to me he had always had enlarged tonsils, and was particularly annoyed with their swelling under any cold or variation of health; he had a severe seizure of influenza, and, as a consequence, became deaf on one side—the right, complaining of pain down the side of his shoulder, over the head, and also of sore throat, and noises in the ear affected, aggravated always towards evening. This case was treated by a gentleman whose dexterity in the use of the catheter was great; but after having the treatment followed up for six weeks, and finding no relief to the audition nor to the noises in the head, he declined any farther instrumental interference. I saw this gentleman the following week; the symptoms complained of at that time were much as has been represented—the Eustachian tube quite pervious; there was a dryness in the meatus, and the membrane of the tympanum was of a dark pinkish colour, the tonsil much enlarged and hard. The treatment adopted was the administration of quinine combined with the colchicum, and warm fomentations to the throat; all manual interference suspended. This case was under my observation for three months; the tonsil was ultimately reduced in size, and the hearing perfectly restored.

The brother, also, of the last-named youth was seized with the disease, and as the morbid changes exhibited early the condition of the ear, I was requested to see him; the ease did not terminate so happily, although early attention was given to the throat. In this case, the parts after death were examined, and more particularly the ears;—on one side—the left—the aperture was perfect, the membrana tympani raised and thickened, whilst on the other, the inner layers only were observed absorbed in two places, and the *cavitas tympani* filled with pus, as also the canal of the Eustachian tube, which suggests in all these attacks the necessity of early attending to the throat; in that case, indeed, as in many other cases I have examined, the early direction of the morbid action appears to be from within outwards. During the last year, I have had the opportunity of examining and satisfying myself of the progress of this disease in many cases.

John Monk, aged 27, came to the dispensary in the winter of 1847. His general health had been impaired by intemperance and other bad habits; he complained also of imperfection of hearing and enlarged tonsils, which he stated had existed for years; they presented the hard rough appearance, and resembled those filled with phosphatic concretions. He had had rheumatism severely twice, and was very susceptible on any cold to pains about his head. He states further, that his father

and mother were both subject to gout and rheumatism. The ears were examined on both sides, and presented only a dryness of the canal, and some red vessels over the membrana tympani. This man was forthwith advised to forego his irregular habits, and the use of stimuli. The case was treated with colchicum and bark, and bichloride of mercury at bed-time; in the morning a dose of the sulph. potassæ, with which I commenced in this case; the colchicum was given in ten-drop doses three times a-day, to be continued for one week. He reports, that having had rheumatic pains, he discontinued. The medicine was again resumed, with guaiacum, and continued for another fortnight. He further states, that his head is free from pain, his audition improved, but as yet the tonsil remains the same in hardness. This man I gave directions to continue his medicine, but in the diminished dose of six drops of the wine, for one month; and although in such patients we cannot always rely on them for adherence to rule, this man felt sensibly the improved condition of his health, as well as the freedom in his joints: he continued the dose from time to time for a period of six months, and at that time his tonsils became reduced in size; stimuli were interdicted. While under treatment, he commenced the colchicum and potass powder in the winter, which, generally speaking, is the worst time of year for such affections; nevertheless, the mixture was taken

with the restriction before stated, not only with the effect of reducing the size of each tonsil, but removing also the inconvenient noises in his head, which I believe originated in some chronic action in the membranes of the brain. During the whole progress of this man's attendance, and his taking the colchicum, his secretions were all much increased.

Mr. C——, a retired chemist, had been the subject of enlarged tonsil for years; he also complained of dulness of hearing on any cold or change of weather. This gentleman had occasionally been subject to attacks of rheumatism, and his father was for years a martyr to gout; one side of his tonsil was removed, with the view of relieving his deafness, and, at the same time, of assisting manipulation with the catheter; the bleeding, however, was so excessive after the operation, and the inconvenience since its removal so great, (now more than six years,) that he was decided against submitting again to operation. Advised by his friends, this gentleman, about eighteen months back, came under my treatment for enlargement of the tonsil and deafness; his early history determined me on at once administering to him the colchicum, as recommended throughout this Essay; this treatment, although it did not effect a decided cure, yet has considerably reduced the size of the one remaining, and his audition became much relieved. It was

singular, in this instance, that on the side on which the gland was removed his hearing was very defective at all times—whilst on the one in which it remained considerably enlarged, the hearing was much better. This, I think, further strengthens the view that the tonsil, *per se*, has no reference to imperfect audition, but through the continuity of the other structures. I have seen this gentleman once or twice occasionally every two months, and his case is one strongly pointing out the efficacy of the treatment employed.

THE END.

